



# NULKABA NEWS

## Nulkaba Public School

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Issue 147: 2019 Term 3 Week 4

Friday, 16 August 2019

Dear Parents and Carers,

What a wonderful celebration of Public Education we had here at Nulkaba on Thursday, 8 August 2019. So many wonderful educational experiences on display right across the school. It was fantastic to see so many people here and all the excited faces of the students as they showed off their classroom and their work. While the weather wasn't great we still enjoyed a picnic lunch. Thanks you to everyone who made the time to come and enjoy our celebrations. Congratulations to our CCGPS Education Award winners, Mr and Mrs Wills (parent and community), Mr Alan Blake (non-teaching), Miss Kendall McCallum (teacher), Ashley Petrysen (student) and Technology (excellent school program), collected by Mrs Anderson.



## Parking

Some very big changes will be happening, we hope quite soon, to the parking in O'Connors Road and also in front of the Pre-School. Sadly no curb and guttering out the back as yet. We will have a proper crossing on O'Connors Road and we can apply for a lolly-pop person. We will also have our kiss and drop zone extended and a double length disabled parking bay. O'Connors Road will be parallel parking on both sides and the island removed. It will also be parallel parking at the back of the school and also on the Pre-School side of the street (Ivanhoe Street).

While we are talking about parking can I please remind you that the kiss and drop zone has a five minute time limit on it. This is for both the morning and afternoon time slots. You cannot arrive early and park there. It is as the name implies it is a drop off or pick up zone. We do have a ranger that will police and fine. In the very near future the no stopping sign near the new fence between the two new buildings will be moved to stop anyone parking on the driveway section. If you park there you will also be booked.

I have also had a couple of complaints from parents in that same street (Rothbury Street) about people parking across their driveways. Please do not do this as it is very unfair to our lovely neighbours who do look after our school if there are ever any intruders.

## New Building Updates

Lots still happening around the school in regards to finalising everything. Some functionality changes to the office will be happening over the next few weeks and some new ways to store bags in the maker spaces will be made to free up more space, and there will be some changes to the front of the school. We are looking at different landscaping options as well to finish off the front of the school. We are hoping to have a lot of these things completed before the official opening. The sprinkler system will be fixed in the next few weeks which will allow the project people to lay the replacement turf and we can work towards getting our beautiful oval back. The Staff Room has gone and Gary, Brad and I had a look last night before P&C to see what we can do to tidy the area up and make it a safe area for our students to access. We are still a work in progress but we are getting there slowly.

### Brain Gym

Mrs Hill went to a course a short while ago and came back with some wonderful and proven simple tips to switch children on ready to learn and to also help in stressful situations. She was so impressed, we organised an afternoon session here at Nulkaba to up skill all our staff in this program. It is simple, fascinating and extremely effective. I mentioned this at P&C and they were keen to know more and so we will be holding a workshop in Term 4 for those people who are interested. You may hear your children talking about the importance of regularly sipping on water, brain buttons, cross crawling and hook ups. Ask them to show you. I, too, am using these things to help me focus and do all my work.

### Three Breaks

So far the response from teachers and students has been positive. I know we have a few issues re canteen but we are working on solutions for this. All the research backs up the use of short regular breaks to improve learning and outcomes and it has also been shown to reduce negative playground incidents. We will continue to collect data on this change to see if it is one we wish to continue.

Just a quick reminder re payments. The note and/or money needs to be in by the due date. This is now strictly adhered to. Reminders are on Seesaw and Facebook.

### Road Works

On Tuesday, 20 August 2019 there will be delays on O'Connors Road on the dirt section. Parents who travel this way can expect some delays.

Have a wonderful fortnight.

Narelle Hunt  
Principal  
Nulkaba Public School



Education  
Public Schools



# FATHER'S DAY BREAKFAST

Help us celebrate the  
special men in our lives

Friday 30th August | 8 - 9am

## Coming Events - 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	19 Aug	20 Aug	21 Aug	22 Aug	23 Aug
	Book Week				
Week 5	Staff Development Day; AECG Meeting – St Philips	<b>9:10a</b> Kids' Party Confidential Show; Book Week Parade and Reading Day	Newcastle Permanent Mathematics Competition Stage 3	Book Week Parade and Reading Day; <b>2:10p</b> Nearly at Nulkaba Session	Netball Gala Day; <b>11:30a</b> Cessnock Public Library Book Week Show
	26 Aug	27 Aug	28 Aug	29 Aug	30 Aug
Week 6	ES1 Zone Public Speaking; <b>1:30p</b> Boys PSSA Touch Football; <b>2:20p</b> School Assembly	Zone Public Speaking Stage 3; <b>9:00a</b> Under 10s Newcastle Rebels Gala Day	Kullaburra Awards; Zone Public Speaking Stage 2	Zone Public Speaking Stage 1; <b>2:10p</b> Nearly at Nulkaba Session	Regional Athletics; <b>8:00a</b> Father's Day Breakfast and Stall
	2 Sep	3 Sep	4 Sep	5 Sep	6 Sep
Week 7	<b>9:10a</b> Mt View Transition Meeting with Year 6; <b>2:20p</b> School Assembly	AET Leadership Day - MVHS	Goannas/Bulldogs Rugby League Cup; <b>9:30a</b> Academic Enrichment Class Placement Test	<b>2:10p</b> Nearly at Nulkaba Session	Stages 2 and 3 Project Close
	9 Sep	10 Sep	11 Sep	12 Sep	13 Sep
Week 8	<b>2:20p</b> School Assembly	<b>8:45p</b> STEAM Fun Day at Mt View Year 6; <b>6:00p</b> P&C Meeting	Public Speaking Regional Comp	<b>9:30a</b> Kindergarten Orientation and Parent Information Session	

For more information, please visit our website: <https://nulkaba-p.schools.nsw.gov.au/events.html>

## Canteen Roster - 2019

Week 5 = Roster B

Week 6 = Roster C

Week 7 = Roster D

Week 8 = Roster A

	Monday	Tuesday	Wednesday	Thursday	Friday
	19 Aug	20 Aug	21 Aug	22 Aug	23 Aug
Week 5	Helen Campbell Emma Moores	Anna Duffie Leah O'Donnell	Danielle Codd Sally Hare	<b>Closed - Help Needed to Reopen</b>	Lynda Hirst Sue Hirst
	26 Aug	27 Aug	28 Aug	29 Aug	30 Aug
Week 6	<b>Help Needed</b>	Lisa Edwards Lyn Fallon	Megghan Findley Kathryn MacDonald	<b>Closed - Help Needed to Reopen</b>	Sophie Day Lauren Goodwin
	2 Sep	3 Sep	4 Sep	5 Sep	6 Sep
Week 7	Lorraine Williams <b>Help Needed</b>	<b>Help Needed</b>	Bianca Bartlett Renae Procter	<b>Closed - Help Needed to Reopen</b>	Krishna Tysoe Casey White
	9 Sep	10 Sep	11 Sep	12 Sep	13 Sep
Week 8	Sharon Bamforth <b>Help Needed</b>	Patricia Twentyman <b>Help Needed</b>	Sally Hare Alex Repacholi	<b>Closed - Help Needed to Reopen</b>	Jenny Bosden Jess Bosden

If you can help to fill our current vacancies, please contact **Rebecca on 0435 011 319**

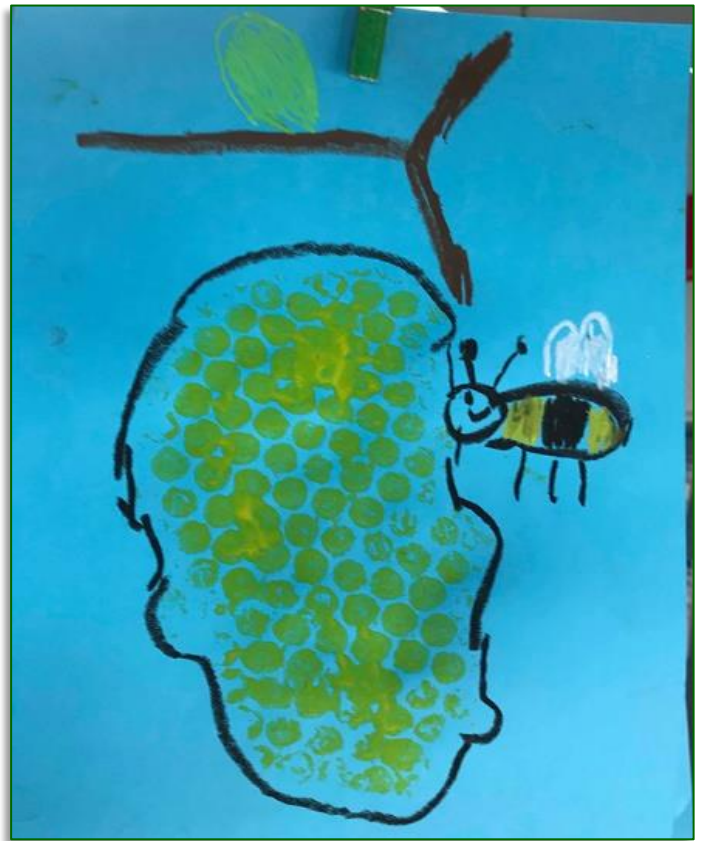


### Early Stage 1

What changes I can see? Is the big question that Kindergarten are currently working on during our Project Based Learning. We have learnt lots about the lifecycles of different animals, interesting information about bees and how honey is made and we are also learning about how we grow and change. We began our project with a 'Secret Project Launch' to Hunter Valley Zoo and more recently have had two bee experts come and share their knowledge with us. A huge highlight for the students was when Grandad Norm played his mouth organ for us as an extra treat, and when the students were able to taste some local honey. A very special thank you again to Pa Carr and Grandad Norm for taking time to come and teach us something new.







As you can see by their smiles, Kindergarten were super excited to wear their pyjamas to school to raise money for the Red Cross this week.



Book week is always an exciting week for the kindergarten students and teachers, especially the dressing up and parading of special costumes. This is happening next Tuesday and parents are invited to come and watch the parade from 1:00pm.

We would like to once again thank the dedication of our parent helpers, assisting in changing the RATS Readers weekly. Without your help this program would not be as effective.

*Early Stage 1 Teachers*



### Class 1M

1M have had a fabulous and busy start to Term 3. We have enjoyed Rewards Day, a visit from labradoodle puppies, participation in Drama sessions with Mrs Cousins, 3D printing with Mrs Anderson and Ned's Mindset Mission to name a few activities.

This term we are focusing on the children 'owning' their learning space and developing independence in preparation for Year 2. The children have created classroom jobs which they enthusiastically fulfil. They have made table groups with a focus on cooperation and the sharing of knowledge and skills with their peers.

I was delighted to watch their creation of classroom activities for our open classroom last Thursday. It was lovely to see the children guide their family members through the activities and 'run' the session. The classroom was a buzz of energy and learning. Thank you to all those who participated so enthusiastically.

This week 1M have also begun learning about the brain and how it connects to our learning. We have learnt that we can strengthen and redirect the pathways in our brain by doing brain exercises each day. We know that if we see, hear, say, touch and move whilst learning, our reading, writing and mathematics will improve.

We look forward to further developing our independence, problem solving skills, growth mindset and brain exercises as Semester 2 continues.





### Class 3S

It is hard to believe we are already half way through this year. 3S have had an amazing start to the term, with lots of fun activities and meaningful learning! We started the term off with our Rewards Day. 3S had a lot of fun running and bouncing through the obstacle course.





3S have been enjoying a new initiative this term with our Stage Two Creative Time. We have been getting together with all of our Stage Two classes on Tuesday afternoons and selecting from a range of creative activities. We have enjoyed engaging with our peers and teachers. So far we have had dancing, LEGO, cartoon drawing, drama, playdough sculpting and many more.



3S have been learning about the impact we have on our local environment. We have been discovering the importance of sand dunes at our local beaches, ways to minimise deforestation and how urbanisation is having an impact on our planet. This term we started Maths Groups with 3N. We get to work in small groups with Mrs Schilder, Mr Nugent and Miss Manolis. We have been enjoying the fun hands on games and working with different teachers.



Last week, we welcomed some special visitors into our classrooms for Education Week. It was very special to have so many family and friends come in and see what we've been up to.



We still have lots on this term and are looking forward to school camp later in Term 4.



## Class 5G

### 5G - What's The Buzz?

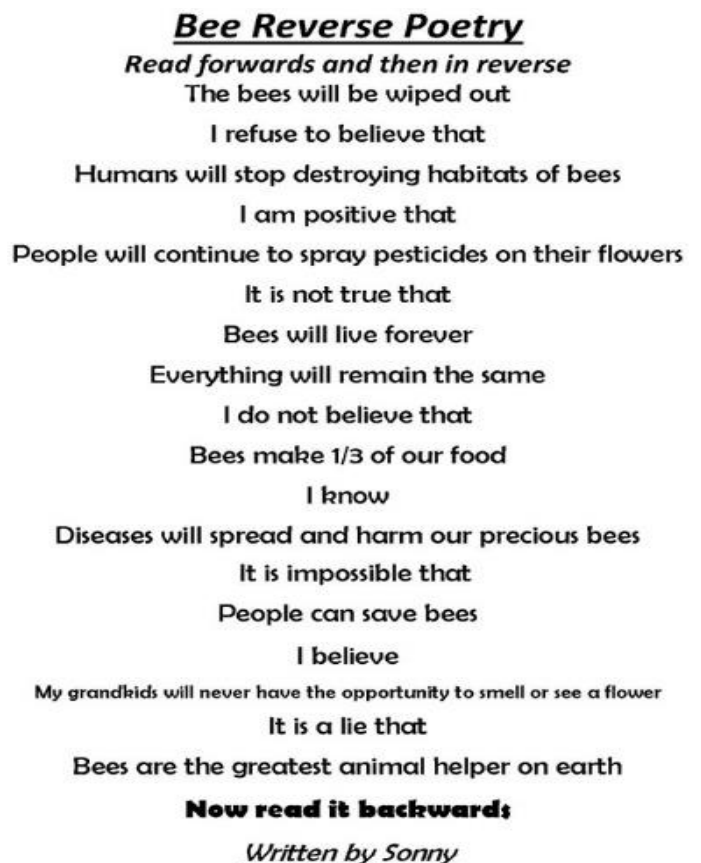
That's the question 5G and the rest of Stage 3 have been figuring out in our latest project on bees.

When we started the project, most of us thought that there was only one type of bee – the Honey bee. We were so wrong. There are actually around 20,000 species of bee that live in the world with around 2,000 different species living in Australia.

In our class we have been studying bees native to NSW and each student has become an expert in the area of one native bee. Using this knowledge, we are creating a children's information book to share with the rest of our school. We are still in the process of making this book but here is a preview of some of the pages.



Bees are under enormous threat due to habitat loss, pesticides and disease. 5G have created some reverse poetry to highlight these dangers. In reverse poetry you must read the poems first forwards and then in reverse to see a completely different view. Here are some examples:

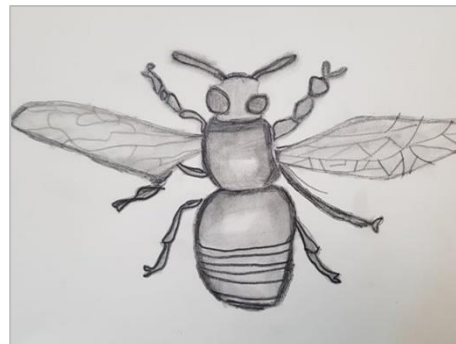
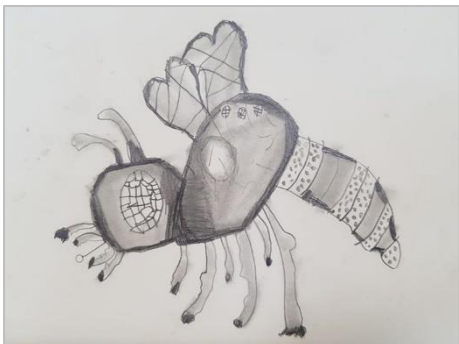
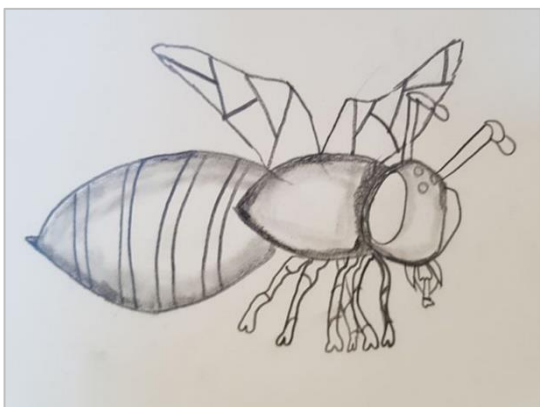
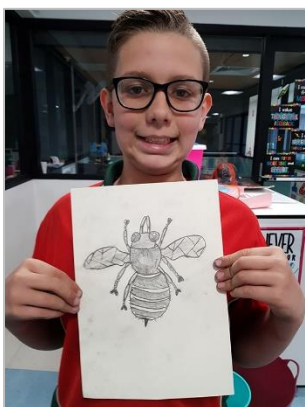




We have been lucky enough to have some wonderful talks from local bee keepers Michael Carr and Norm Carr as well as Newcastle bee keeper, Kelly from **Urban Hum**. We learnt a lot about bee keeping, how a hive operates and the importance of buying local honey.



Gillian from **IMAGINATURALISTS** ran two workshops with us teaching us how to create scientific illustrations of bees. We are very proud of the illustrations we produced.





### Premier's Reading Challenge

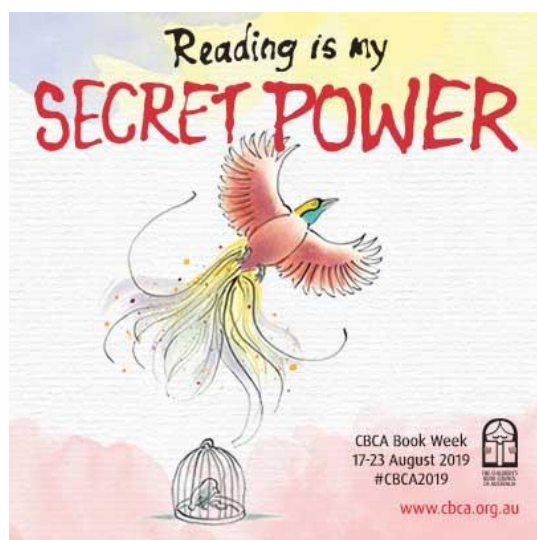
**PREMIER'S  
READING  
CHALLENGE  
ONLY 2  
WEEKS  
LEFT!**

Time is rapidly running out for this year's Challenge – only 2 weeks remain for online entries to be completed. This might seem enough time, but it is still possible to finish – the trick now is to select picture books at your grade level.

We now have 241 completed entries and it is great that many of our Year 3 students are included in that total as so many of them will be presented with the Gold Level Certificate at the end of the year. The latest completed entries have been done by Braiden B 3N, Lachlan C 3N, Suvana C 3N, Myles C 3N, Declan D 3N, Thomas G 3N, Maeve H 3N, Jaylah H 3N, Bryce S 3N, Cooper S 3N, Lara S 3N, Hamish Z 3N, Jasper F 3N, Makayla B 4Z, Phoebe P 5/6P, Mia H 6M and Sunny K 6M – congratulations to all these dedicated readers.

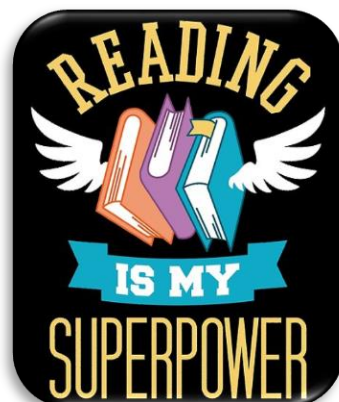
Also – congratulations to Class 3S who are the only primary class to have all members with completed entries – what a great example to other primary classes! Well Done!

### What's Your Secret Power?



#### BOOK WEEK IS ALMOST HERE!

Join us for our annual Book Week Parade next Tuesday, 20 August 2019 at 1:00pm! As usual the parade is sure to be a colourful event – there has been lots of chatting about outfits and even the teachers are planning some great outfits to wear on the day. Next Tuesday is sure to be full of fun with the *Kid's Party Confidential* show in the morning, classroom activities and the parade after lunch. Lots of photos of the day will feature in the next newsletter as a great reminder of the day.



See you all there!

### Mobile Phone Collection

Have you got an old iPhone or iPod that you no longer use?

Nulkaba Public School are asking our school community for any donations of **working** iPhones or iPods. We are wanting to use them in literacy groups so that students can record themselves reading and then play it back to hear how smooth their reading is. We are also hoping to use them for listening posts which could free up some of the school iPads for other educational activities. We are happy to accept any model iPhones or iPads. If possible, could you please reset the device to factory settings before donating. All donations can be dropped off to the front office and if you have any questions please contact Mrs Hill or Mrs Anderson.

*Thanks Nulkaba Public School Staff.*



## Good for Kids good for life

### TV-FREE TUESDAY

You might have heard about 'meat free Monday', how about introducing TV-free Tuesday into your week?

A whole day with no screen time will provide encouragement for your kids to think 'outside the box' for activity ideas!

Some ideas include;

- Backyard play
- Indoor or outdoor treasure hunt
- Science experiments
- Charades
- Writing and practicing a performance to showcase Tuesday evening
- Hula hoop competition
- A family game of Twister



Allow space for your kids to come up with their own ideas. TV-free Tuesday can quickly turn into a favourite family tradition!



PHONE 4924 6499



Nutrition Snippet

## The simplest way

...to get kids eating more fruit and veg.

Learn how to create easy, budget-friendly family meals, entice fussy eaters and eat well to prevent cancer.



Cancer Council NSW's *Eat It To Beat It* program hosts free Fruit & Veg Sense workshops at schools across NSW.

In these 90-minute workshops we give you simple tips and ideas on:

- saving money by eating more fruit and veg;
- changing family favourites into healthy meals; and
- learning clever ways to entice fussy eaters.

All participants receive a FREE recipe book.

We have proven results that this workshop helps parents to eat more fruit and veg. And if you eat more fruit and veg, your children will too!

Ask your school to register via [eatittobeatit.com.au](http://eatittobeatit.com.au).

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



Tickets on sale NOW!

Come fly the magic carpet to the  
**Nulkaba Ball**

Saturday 21<sup>st</sup> September | 6.30pm

TICKETS | \$85

DRESS | Cocktail or Arabian Nights

VENUE | Twine Restaurant, Oakley Creek Rd Pokolbin

Join us for a night of Arabian Adventure, canapés,  
2 course dinner, belly dancers and games!

**EARLY BIRD DISCOUNT**  
Purchase your tickets before  
16<sup>th</sup> August and pay only \$75

Get a table together  
for a magic night  
out with friends  
while raising funds  
for our school

Bus transport available for \$10

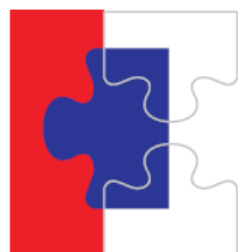
## Operation Art

Our school is exhibiting in Operation Art.  
Come and see our work on display at  
the Armory Gallery, Jamieson Street,  
Sydney Olympic Park.

14 September – 16 November







# Strive

For Autism Inc.

Families Supporting Families Coping with Autism

## SEMINAR

### Autism - Exploring the Possibilities

featuring

**Tim Sharp & Judy Sharp**

Laser Beak Man

Tim Sharp is a young man on the spectrum who is an artist, animator and the creator of Laser Beak Man. He and his mother; Judy Sharp; a passionate speaker and strong Autism advocates, travel the world sharing their story and the pathways that lead to Tim finding his passion and how they continue to raise Autism awareness and share his talent with the world.

**Dr Lee Sturgeon**

Consultant Senior Clinical & Development Psychologist

D. Psyc(Clinical), M.A.P.S., M.C.C.Ps

Lee specialises in the assessment and treatment of children and adolescents with Autism disorders (ASD) and development disorders for over 25 years.

#### Providing you with a unique insight into the world of Autism

With Tim & Judy Sharp's personal perspectives and firsthand experience coping with Autism and our proud Ambassador for Strive For Autism; Dr Lee Sturgeon's wealth of experience gained over years of operating a professional practice. The "Autism - Exploring the possibilities" seminar will provide you with an unique insight into the world of Autism and is tailored for GP's, Specialist, Nurses, Principals, Teachers, SLCO, Parents, Carers & Community Members alike.



**When:** Tuesday 10<sup>th</sup> September 2019

**Time:** 6:00pm - 9.00pm

**Venue:** Cessnock Performing Arts Centre  
198 Vincent Street, Cessnock

**Cost:** \$25.00

**Tickets By:** 198 Vincent Street, Cessnock 02 4990 7134  
Box office [www.cessnockperformingartscentre.com.au](http://www.cessnockperformingartscentre.com.au)

**Entertainment:** Sophie Kerslake

**For further information:** Contact Maxine Baird - President on 0419 913 033



**Autism - Exploring the Possibilities will contribute 2 hours of QTC Registered PD addressing 6.2.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.**

[info@striveforautism.org.au](mailto:info@striveforautism.org.au) [www.striveforautism.org.au](http://www.striveforautism.org.au)

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