



# NULKABA NEWS

## **Nulkaba Public School**

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**Issue 146: 2019 Term 3 Week 2**

**Friday, 2 August 2019**

Dear Parents and Carers,

Welcome back to Term 3. I hope you all had a relaxing holiday. It's quite amazing that half the year has already gone. The second half of the year looks like it is going to be as busy as the first half.

### **New School**

During the holidays we were fortunate enough to have Kon from Kon's Concreting come and sort out the front of the school. He ripped up the bitumen, finding concrete underneath and also had that taken away. The new concrete is the same colour as was used in the new school sections. He did an amazing job and I would highly recommend him. He can be contacted on 0427 570 907. In regards to the official opening of the school, we have to give the Minister a chance to attend so we had to cancel our plans for Thursday, 8 August in Education Week. We are looking at Thursday, 17 October and I will let you know when that date is finalized. Our Education Week celebration will still be held on Thursday, 8 August as per the note sent home last week. Come and join us. A few other issues with the school are slowly being resolved and we hope to have everything finalized by the new Opening date. The design for the new library has been finalized and the order sent in so it won't be long before we have a wonderful new library, thanks to the P&C. The painting of the old school buildings is now also complete. We are just awaiting the finalization of the spaces where the demountables were and we should be getting back to normal.

### **Clothing**

As often happens during the colder weather non-school uniform jumpers and jackets seem to creep into our students clothing. It is important that children are in full school uniform every day.

For boys it is grey pants and a green jumper or jacket. It does not have to have the school emblem just be bottle green. We have pre-loved jumpers here from \$2 which are in excellent condition and can be handy especially if your child is in Year 6. Girls - again bottle green is the colour. School shirts or white shirts are fine with a green jumper, tunic or green pants. Of course the school sports pants and jackets can be worn. Please come and see the office staff if you would like to look at our pre-loved items.

### **Payments**

Later on in this newsletter you will see a note in regards to school excursion and event payments. This information has also been sent home in a note, placed on Facebook and on Seesaw. Please make sure you follow the instructions as they are a system request as we no longer hold cash and payments for these events. You need to have paid by the due date as shown on the note. Teachers will then be given a list of who will be attending. This begins with every note for an event that goes home from Monday, 5 August 2019. As always if you need assistance with payments or extended time you just need to let us know as something can always be worked out. We keep our signature notes green so that you know you need to do something with it.

### **P&C**

Our next P&C meeting is Tuesday, 13 August 2019 at 6:00pm due to the colder weather so we can all get home a bit earlier. Please come along and attend. We would love to see you. The second of the two major fundraising events will be the school ball which will be held on Saturday, 21 September 2019. It is always a fun night so come along if you can. If not support the fundraising with the purchase of the raffle tickets which will be sent home with your child.

## Rewards Day

Our postponed Rewards Day was a wonderful way to start Term 3. The children all seemed to be having a wonderful time. These days are to reward those children who do the right things at school. They follow our core values of Respect, Responsibility and Excellence within the classroom, in the playground and when out in the Community for school events.

## Leaders Breakfast

Cessnock Council hold a Leader's Breakfast every year where leaders from all the local schools come together at the Performing Arts Centre for breakfast and then to listen to a motivational speaker on leadership. This year we had the pleasure of meeting and listening to Damien Thomlinson, an ex-commando who was injured in Afghanistan losing one leg completely and the other to the knee. He is now a successful actor having been in the movie "Hacksaw Ridge" and also on last season's Australian Survivor. He was very inspiring.



Narelle Hunt  
Principal  
Nulkaba Public School



## Payments to School

Due to departmental policies and insurances, from next Monday, 5 August 2019 all student payments will be required to be paid by 3:00pm on the due date as stated on the permission note. This includes payments for school excursions, incursions, sporting activities, camps, performances and any extracurricular activities. Permission notes also need to be returned by the due date and should be returned together with the payment. Payments received after the due date will not be accepted. If your child's payment has not been received by the cut off time your child will not be able to attend/participate. If you are suffering from financial hardship, you are welcome to contact the Administration Manager and apply for student assistance. All applications will be strictly confidential and treated with their own merit. Parents are also welcome to make payments each week, fortnight or month that can be held in fees in advance and used when an activity arises by ticking the box stating please use my fees in advance.

We appreciate your understanding with this matter. If you have any questions or inquiries please do not hesitate to contact me.

Kind regards,  
Trudy Ryan

**Relieving Administration Manager**

## Term 3 Safe Space

This term Nulkaba will be offering Stage 3 students a Safe Space at break times to talk about issues relevant to them. The group will be focussing on giving everyone a voice, being kind to others and yourself. If you do not wish your child to participate please contact the school office. The teachers involved in the group will be Mr Melmath and Miss Brockwell.

## Coming Events - 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	5 Aug	6 Aug	7 Aug	8 Aug	9 Aug
Week 3	1:00p NED'S Mindset Mission Show; 2:20p School Assembly	Stage 3 Imaginaturalist Workshop	Stage 3 Spelling Bee Finals; Book Club Orders Due - Issue 5; 3:30p CCGPS Awards	2:10p Nearly at Nulkaba Session; Education Week Activities	Aboriginal Yarnteen Bush Tucker Tour
Week 4	12 Aug 2:20p School Assembly	13 Aug 6:00p P&C Meeting	14 Aug	15 Aug 2:10p Nearly at Nulkaba Session; YPEP Stage 3 Child Protection	16 Aug CBCA Book of the Year Awards Announced
	19 Aug	20 Aug	21 Aug	22 Aug	23 Aug
	Book Week				
Week 5	Staff Development Day; AECG Meeting – St Philips	9:10a Kids' Party Confidential Show	Newcastle Permanent Mathematics Competition Stage 3; 1:00p Stage 3 Social Group Bunnings Visit	Book Week Parade and Reading Day; 2:10p Nearly at Nulkaba Session	Cessnock Public Library Book Week Show
Week 6	26 Aug 2:20p School Assembly	27 Aug 9:00a Under 10s Newcastle Rebels Gala Day	28 Aug Kullaburra Awards;	29 Aug 2:10p Nearly at Nulkaba Session	30 Aug Father's Day Breakfast and Stall

For more information, please visit our website: <https://nulkaba-p.schools.nsw.gov.au/events.html>

## Canteen Roster - 2019

Week 3 = Roster D

Week 4 = Roster A

Week 5 = Roster B

Week 6 = Roster C

	Monday	Tuesday	Wednesday	Thursday	Friday
	5 Aug	6 Aug	7 Aug	8 Aug	9 Aug
Week 3	Lorraine Williams Help Needed	Help Needed	Bianca Bartlett Renae Procter	Closed - Help Needed to Reopen	Krishna Tysoe Casey White
Week 4	12 Aug Sharon Bamforth Help Needed	13 Aug Patricia Twentyman Help Needed	14 Aug Sally Hare Alex Repacholi	15 Aug Closed - Help Needed to Reopen	16 Aug Jenny Bosden Jess Bosden
Week 5	19 Aug Helen Campbell Emma Moores	20 Aug Anna Duffie Leah O'Donnell	21 Aug Danielle Codd Sally Hare	22 Aug Closed - Help Needed to Reopen	23 Aug Lynda Hirst Sue Hirst
Week 6	26 Aug Help Needed	27 Aug Lisa Edwards Lyn Fallon	28 Aug Megghan Findley Kathryn MacDonald	29 Aug Closed - Help Needed to Reopen	30 Aug Sophie Day Lauren Goodwin

If you can help to fill our current vacancies, please contact **Rebecca on 0435 011 319**



### Stage 1

Welcome back to Term 3. It is hard to believe that we are half way through the year. At the end of last term we farewelled Miss McCallum and welcomed Mrs Walker and Mrs Thorpe to 1M. As our students continue to develop and grow physically, socially and academically we are encouraging them to be more independent by packing and unpacking their bags, placing their RATS Readers in the tub and being responsible for their belongings. We would appreciate your support with this in preparation for Years 2 and 3 in 2020.

Some of our classes were lucky to have prac students who spent the last few weeks of Term 2 teaching our students and experiencing what life is like as a teacher. We farewelled Mrs Roso, Miss Clarke and Miss Cary on the last day of term and wish them luck in their future endeavours. We also had our NAIDOC Day celebrations on the last day of term and the feedback received from the students was positive and all had a wonderful day.

We began Term 3 with our Rewards Day that had been postponed from Term 2. The students were excited to see the inflatables on day one and wore themselves out running, climbing and sliding their way around the circuit. They were very quiet after this and we were sure they would all be in bed early that night.

We are continuing our CAPA (Creative and Practical Art) groups this term. Stage 1 trialled this last term with every Stage 1 class focusing on a component of the syllabus. Mr Fillis is using his expertise to teach music, Mrs Woods and Mrs Anderson are singing, Mrs Walker is completing art works and Mrs Cousins is teaching drama. Our CAPA groups are rotated every four weeks so that all students are exposed to every component by the end of the year.

There are many exciting activities planned for Term 3. We have visiting performers, a Book Week parade, Education Week, Interest Groups and another exciting Rewards Day. Keep an eye out for notes in bags, emails, Facebook and Seesaw messages so you know what is happening and to ensure all notes are returned before or on their due date.

As always please contact your class teacher if you have any questions via email or through our school office.







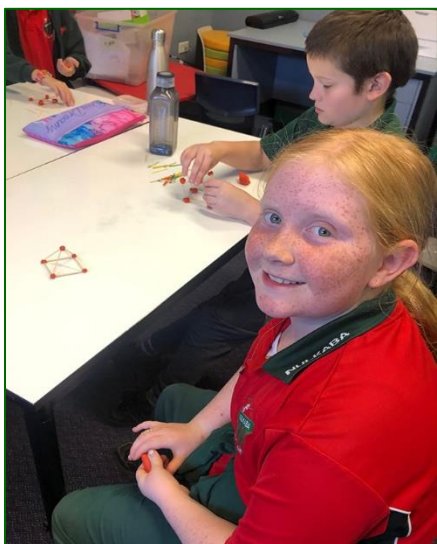


## Class 4Z - Term 3 Has Had a Great Start!

To have Rewards Day to start the term was a fantastic beginning and our obstacle course was lots of fun. Even Miss Brockwell and Mrs Zoneff jumped on and had a go. We have settled in to the new routines with every day feeling extra fast with the extra play break that we have near the end of the day. It has definitely helped us to maintain focus during our learning activities and Mrs Zoneff has to be organised as time is precious! This term has also seen the introduction of Creative time on Tuesday. All of Stage 2 come together and chose from a selection of activities. There is drama, dancing, LEGO, cartoon drawing and many more. It is fast becoming the best part of the week. Now from Lachlan and Laura...



In 4Z we have been learning about a lot of different things, starting with Term 1 Mythical Creatures. First we had to make Mythical Creatures at our house. All of us did a wonderful job or should I say outstanding job. We also made our own mythical creatures and published a story and facts about them. We learnt interesting facts about Mythical creatures like Loch Ness Monster, Chupacabra, Pegasus and the Minotaur. We learnt a lot. Now Term 2 we didn't start until Week 5, 'Who has the power?' We have done a lot of learning about gardens and doing up the Year 6 area. We researched equipment and tools to help the Year 6 area. With Mrs Anderson in groups 4Z made our own equipment on Makers Empire. Now Term 3; the focus is Natural Disasters and Man-Made disasters and also still 'Who has the power?' We are writing letters to Mrs Hunt and Mr Wills, the P&C President. Now we will work on man-made disasters focusing on Coal Mining. So that's what 4Z have been doing this year!





### Class 5-6P

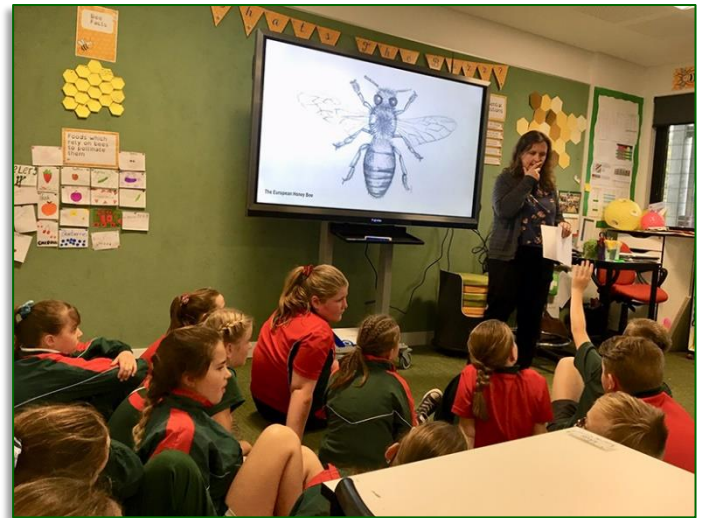
5/6P have had a very busy start to the term. We finished Term 2 with lots of events such as Sport, Debating, Public Speaking and the Spelling Bee. This term many students have already been involved in several sporting events, - we wish all competitors good luck.

We continue our 'What's the Buzz?' project until Week 5 this term. We were lucky to have a guest speaker on Monday, a professional bee keeper, who revised and consolidated the students' knowledge on everything bees. It was fascinating to see the bee cells up close and notice that pollen varies in appearance according to where it is found.

On Tuesday, we had an incursion with the Bee Imaginaturalists. Once again we discussed the amazing complexities of bees and then the students were given an art lesson. All students managed to draw a very professional looking honey bee, using various drawing and shading techniques. The incursion runs again next week, where students will complete their works of art.

The remainder of the term continues to be a busy one, with Year 6 attending transition days and meetings to prepare them for high school.

Don't forget the Father's Day Breakfast and stall will be on August 30th. The stall raises money for our Year 6 farewell (which will be here before you know it!). If you are able to help on the day please contact Mrs Petrysen. Any help is greatly appreciated.



### Premier's Reading Challenge

#### Only 4 Weeks To Go!



There are now only 4 weeks until this year's Challenge comes to an end – still enough time to complete the Challenge, especially for those students who already have a partly completed entry. This week another of our K-2 classes have completed their entries – well

done 2F! Congratulations to – Lennox B, Ezra B, Zane C, Tyler C, Bella C, Ruby C, Sammi E, Lexy F, Amahni F, Lillian J, Braxton J, Gracie K, Sadie K, Jed L, Seth M, Lyora M, Sienna M, Lawson M, Lachlan M, Isabellah R, Kobi R, Addison S, Tannah S, Mitchell S, Noah T, Danny T, Lucia W and Molly Y. Great reading everyone!

In the primary, we can say congratulations to Scarlet B of 3S, Denver S of 3S, Elliott S of 3S, Isaac H of 5W and TC M of 6PK. Excellent work everyone!

### Book Club Issue 5

The latest issue of Book Club was distributed earlier this week. Any orders being placed need to be in by Wednesday, 7 August 2019, whether by paying cash or placing your order online via the LOOP app. Using the online LOOP system is actually now the preferred method of placing orders as it streamlines the whole ordering process. It is very easy to use and provides quick feedback on the processing of payments, as well as giving access to some great specials and offers that are only available to LOOP users. It also allows for gift orders to be kept private so that the younger folk will definitely have surprises coming their way.

### Library Upgrade Latest

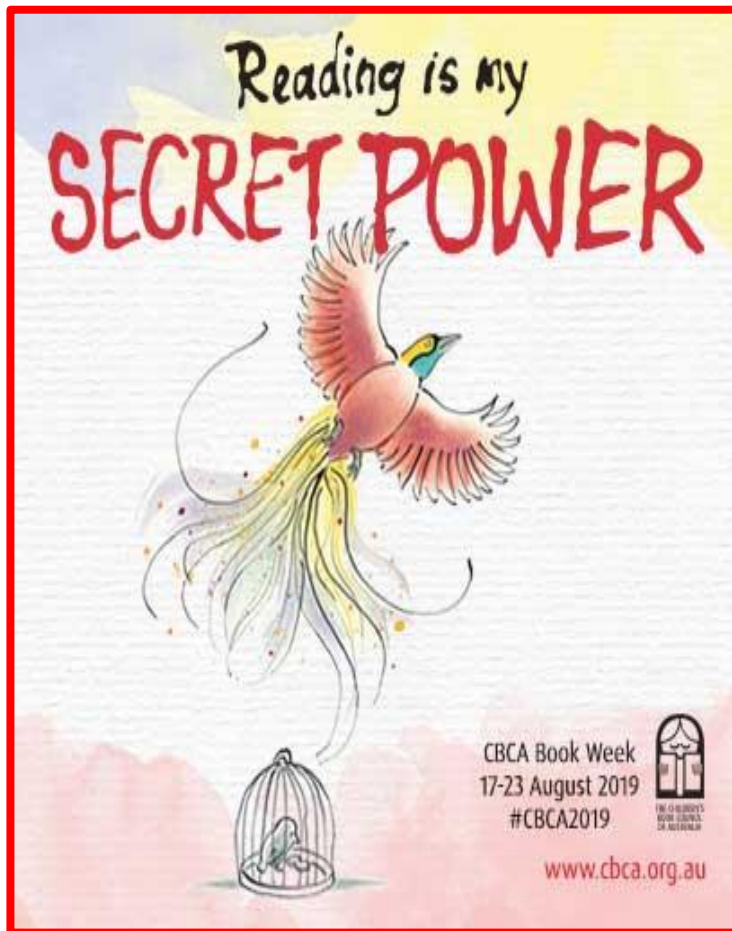
Well we are now just awaiting the arrival of the new Library equipment and it should be here in the next few weeks. Mrs Morris is certainly looking forward to unpacking all those boxes and getting our library operations back in full swing. Images are now on one of the library windows which more closely shows the colour scheme that has been chosen for the Library – of course, the real thing will look much better! These images are included here for anyone who has not been past the library this week.



### IMPORTANT REMINDER: Notices for Overdue Library Books

Due to the disruptions experienced while the Library has been packed up and semi-functioning, Mrs Morris has been holding off on sending out overdue notices. However, it has come to a point that these notices have had to be sent out simply due to the number of students who have failed to return borrowed items – even some from 2018! Even though it has been impossible to check library shelves for any overdue items, it is important that checks are made at home for any items. The overdue notices are intended to let parents know that the library records have items recorded against their child's name and are a request for checks to be done at home. We just need to know where the item is – if it is not at home, then by ticking a box and signing the note, the item can be 'officially' removed from the child's name and be listed as a missing item. **Payment for missing/lost items is a parental choice** – it is more important that the item is accounted for in some way, and that student borrowing records are as accurate as possible.





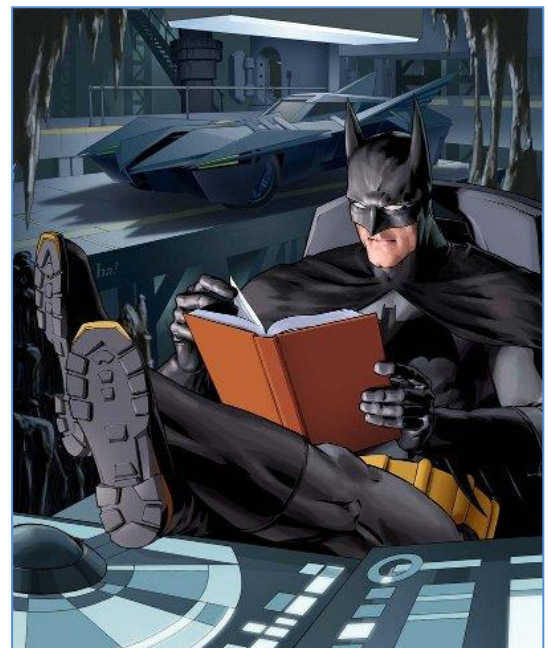
## BOOK WEEK IS ON ITS WAY!

### READING IS MY SECRET (SUPER) POWER!

#### WHAT IS YOUR SECRET POWER?

It's that time of year again – when we think of all things bookish! This year's theme is "*Reading is my secret power*" which is a way of saying that reading is something very powerful and can be a secret – something that others may not be aware of. We are also thinking of reading as being a super power because the more we read, the smarter we make ourselves. Remember too that Batman aka Bruce Wayne kept his real identity a secret, as did Superman – and they both enjoyed a good book!

Mrs Morris working on some Book Week competitions, as well as sharing many of the nominated books in the Children's Book of the Year Awards with students. While we wait for our new library shelving and furniture, Mrs Morris is beginning to decorate the Library for Book Week – it is sure to look spectacular! Some very special events have been organised in conjunction with Book Week as well – a visit from the lovely Librarians from Cessnock Library is planned, we have the opportunity to attend a session with Australia's top audio book narrator and we have a very special performer coming later in the term – but more about that in our next newsletter. And then of course, no Book Week is complete without our annual Book Week Parade! This is planned for Thursday August 22, with various activities being held during the day as a way of really celebrating Book Week 2019. Watch out for more announcements and notes to come!

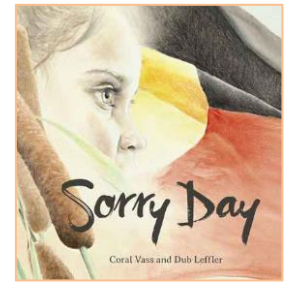




## Dub Leffler's Visit for NAIDOC Day



During our NAIDOC Day activities, we had the pleasure of meeting Aboriginal author/illustrator Dub Leffler. Dub was part of our main assembly and was more than happy to join our own Miss Brockwell to read "Sorry Day" – a beautiful picture for which Dub created the illustrations. Dub was very impressed by the student speakers at the assembly, as well as the performances that formed part of the assembly.



Later in the day, Dub worked with a small but enthusiastic group of students in the library sharing stories and drawing activities with everyone having a wonderful session all round! Upon leaving to head home, Dub commented that he had thoroughly enjoyed his day with us and would be sharing stories of his day with family and friends.



## School Tree Day

Last Friday, we participated in National Tree Day for schools. Our students planted seedlings that will grow into beautiful trees for our school, providing habitat for our native wildlife. Thank you to Cessnock Council for providing us with these trees.











## Father's Day is Sunday 1st September

### Our Father's Day stall will be on Friday 30th August.

*Donations are now being collected for the stall*

Ideas include car wash, coffee cups, chocolates, tools, torches.

Volunteers are needed on the day from 9am to help sell.

If you can help, please complete the slip below or email Jenny Petrysen  
([jennylee.petrysen1@det.nsw.edu.au](mailto:jennylee.petrysen1@det.nsw.edu.au))

You can also call the school on 49901805.

This is traditionally a year 5/6 fundraiser – funds to go toward Year 6 farewell.

YES – I can help at the Father's Day Stall on Friday 30th August

Name: \_\_\_\_\_

Mobile #: \_\_\_\_\_

Child's Name : \_\_\_\_\_ Child's Class : \_\_\_\_\_

### Good for Kids good for life

#### HEALTHY CANTEEN CHOICES

All schools are encouraged to work towards a canteen menu that meets the NSW Healthy School Canteen Strategy, by having more healthy 'Everyday' food options available on the canteen menu.

Ordering at the canteen doesn't come without challenges: there's the matter of working out what items to choose and what items to avoid and whether your child actually will eat what is ordered.

Whether you like to let your child order at the canteen once a week, once a fortnight or only on special occasions, it is a good idea to talk with your child about the healthiest options. You also may like to help your child choose the healthiest food and drinks items off the canteen menu.

Healthy 'Everyday' options on your schools canteen menu may include:



#### Cold Food:

- Sandwiches, rolls and wraps with everyday fillings
- Fresh salads, sushi or rice paper rolls

#### Hot Food:

- Fresh soups with wholemeal bread rolls
- Spaghetti bolognaise

#### Snacks:

- Vegetable sticks, or fruit salad
- Reduced fat cheese with wholemeal crackers

#### Drinks:

- Water
- Reduced fat milk



Nutrition Snippet

## The simplest way

...to pack a lunch box is here!

The task of packing a healthy school lunch is now easier with the launch of our exciting new Healthy Lunch Box website [healthylunchbox.com.au](http://healthylunchbox.com.au)

The new website shows how easy it can be to pack a healthy lunch box that your kids will love.



It features an interactive lunch box builder that enables you to plan your kids' lunches on your phone, desktop or tablet - it's quick, easy and the kids will love helping too!

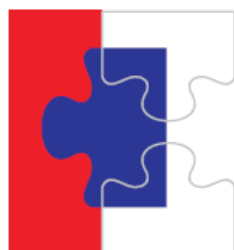
Healthy recipes and tips on adding more fruit and veg to lunch boxes will help set your child on a path of lifelong healthy eating to reduce their cancer risk.

Visit [healthylunchbox.com.au](http://healthylunchbox.com.au) for recipes & information you can trust.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)







# Strive

For Autism Inc.

Families Supporting Families Coping with Autism

## SEMINAR

### Autism - Exploring the Possibilities

featuring

**Tim Sharp & Judy Sharp**

Laser Beak Man

Tim Sharp is a young man on the spectrum who is an artist, animator and the creator of Laser Beak Man. He and his mother; Judy Sharp; a passionate speaker and strong Autism advocates, travel the world sharing their story and the pathways that lead to Tim finding his passion and how they continue to raise Autism awareness and share his talent with the world.

**Dr Lee Sturgeon**

Consultant Senior Clinical & Development Psychologist

D. Psyc(Clinical), M.A.P.S., M.C.C.Ps

Lee specialises in the assessment and treatment of children and adolescents with Autism disorders (ASD) and development disorders for over 25 years.

#### Providing you with a unique insight into the world of Autism

With Tim & Judy Sharp's personal perspectives and firsthand experience coping with Autism and our proud Ambassador for Strive For Autism; Dr Lee Sturgeon's wealth of experience gained over years of operating a professional practice. The "Autism - Exploring the possibilities" seminar will provide you with an unique insight into the world of Autism and is tailored for GP's, Specialist, Nurses, Principals, Teachers, SLCO, Parents, Carers & Community Members alike.

**When:** Tuesday 10<sup>th</sup> September 2019

**Time:** 6:00pm - 9.00pm

**Venue:** Cessnock Performing Arts Centre  
198 Vincent Street, Cessnock

**Cost:** \$25.00

**Tickets By:** 198 Vincent Street, Cessnock 02 4990 7134  
Box office [www.cessnockperformingartscentre.com.au](http://www.cessnockperformingartscentre.com.au)

**Entertainment:** Sophie Kerslake

**For further information:** Contact Maxine Baird - President on 0419 913 033



**Autism - Exploring the Possibilities will contribute 2 hours of QTC Registered PD addressing 6.2.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.**

[info@striveforautism.org.au](mailto:info@striveforautism.org.au) [www.striveforautism.org.au](http://www.striveforautism.org.au)

Postal Address: 101 Vincent St, Cessnock NSW 2325



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[anna.vannetten@bigpond.com](mailto:anna.vannetten@bigpond.com)