



NULKABA NEWS

Nulkaba Public School

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Issue 122: 2018 Term 2 Week 4

Friday, 25 May 2018

Dear Parents and Carers,

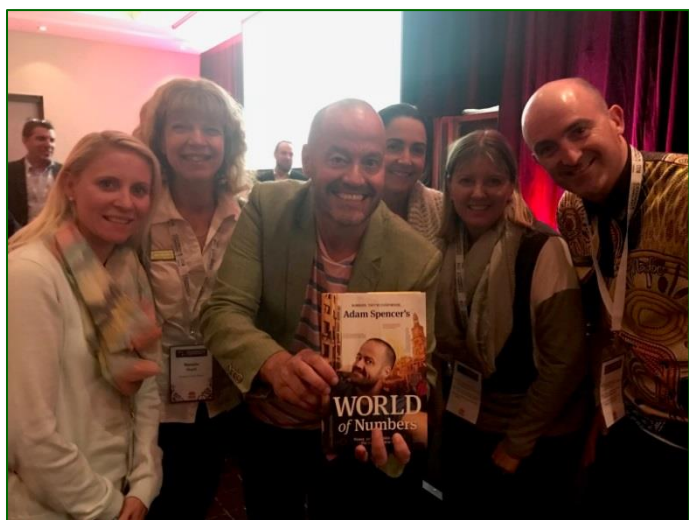
It has been a very busy first four weeks of this term with our new reports and also our new style parent/student/teacher interviews. I hope you have all had a chance to chat with your child's class teacher and were impressed by what your child had to say about school, what they learn and their personal education goals. We will, in the next few weeks, survey parents and staff about both these new processes we have implemented and we would appreciate your responses as that will help us make any changes needed.

Project Number 2

Our second projects start next week. While each stage project is slightly different, they are still connected. Launches will be conducted over several days and notes have gone home regarding this. I know this time some of the launches are off site and full details have not been given on the note. This is to keep the surprise as it really has the children motivated and keen to begin their project. Your support with this is much appreciated.

Staff Development Day

As you are all aware, the Friday, 11 May 2018 was a combined Staff Development with other schools from the Cessnock Community of Great Public Schools. It was a wonderful day based on technology and its use within the school context. There were wonderful displays, guest speakers and workshops. All staff attended and felt that it was a very worthwhile day. We gained lots of information and ideas, which will be used to provide better learning opportunities for all of our students. Thank you for your support with this.



Items for Sale

As mentioned in the last newsletter we still have some wonderful items for sale from our first project, 'How to be your best self'. There are wristbands, a Cookbook, some mindfulness colouring in books and our family portraits. Please support our school by purchasing these items.

Air Conditioning

As mentioned last week I sent home a note in regard to some help in working out ways in which we can raise more money to help pay for our air conditioning. Some parents have spoken to me about an official letter they can use to seek support. I now have these available. Please come and see me if you would like one. We will have the tins ready soon - please think of anywhere that may be happy to have them. Also still looking for any other suggestions. This is going to be a major expense for us so any and all help will be gratefully appreciated.

NAPLAN

NAPLAN has been completed for another year. We opted, this year, to complete our tests using the traditional pen and paper method. Next year it will be likely that all tests will be completed online. Reports will be sent home towards the end of August. We had a large number of children absent this year.

Rebuild News

Our new shed is now complete and over the next few weeks, all items from the old sheds will need to be moved so that those sheds can be removed. This will be a big job for our GA and then the P&C. This will only leave the Learning Centre to be demolished so that the build can begin. No firm date for that has been given.

School Disco

Our Term 2 school disco will be held on Thursday, 31 May 2018. Please try and have your child come along and have a wonderful time. This one is run by Early Stage 1 and a gold coin donation is required.

Athletics

Our school athletics carnival is on Friday, 8 June 2018. Please come and watch and if you can help out in the canteen for even a little while it would be much appreciated as this then enables all parents to see their child compete.

Have a great fortnight.

Narelle Hunt
Principal
Nulkaba Public School



Canteen Roster - 2018		Week 5 = Roster B	Week 6 = Roster C	Week 7 = Roster D	Week 8 = Roster A
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 5	28 May Amanda Platt Help Needed	29 May Renaë Beckett Linda Kerr	30 May Danielle Codd Sally Hare	31 May Leesa Beveridge Sally Hayes	1 Jun Lynda Hirst Sue Hirst
Week 6	4 Jun Alex McGregor Amanda Platt	5 Jun Lisa Edwards Lyn Fallon	6 Jun Help Needed	7 Jun Help Needed	8 Jun Lauren Goodwin Lynsay Ingram
Week 7	11 Jun Leanne Robinson Lorraine Williams	12 Jun Bianca Bartlett Kristy Maguire	13 Jun Stephine Clark Renaë Procter	14 Jun Help Needed	15 Jun Rochelle Corcoran Michelle Wills
Week 8	18 Jun Leanne Robinson Lorraine Williams	19 Jun Patricia Twentyman Help Needed	20 Jun Sally Hare Melaney Knight	21 Jun Paula Stuckings Help Needed	22 Jun Kathryn MacDonald Melissa McLellan

*If you can help to fill our current vacancies, please contact **Linda** on **0457 514 786***

Coming Events - 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	28 May	29 May	30 May	31 May	1 Jun
Week 5	K-4 Project Launch Day; Stage 2 Excursion - Group 1; 9:30a Stage 1 Secret Excursion;	Stage 2 Excursion - Group 2; Rugby League Gala Day – Senior; University Test – Science;	10:00a Boys' PSSA Soccer Knockout	School Disco	Regional Cross Country
Week 6	4 Jun	5 Jun	6 Jun	7 Jun	8 Jun
	3:30p AECG Meeting		PSSA Basketball Gala Day	11:00a Mount View Mini Lessons Year 6	Athletics Carnival
Week 7	11 Jun	12 Jun	13 Jun	14 Jun	15 Jun
	Queen's Birthday Public Holiday	6:30p P&C Meeting	University Test - Spelling	University Test - Writing	
Week 8	18 Jun	19 Jun	20 Jun	21 Jun	22 Jun
					Pyjama Day (SRC) Sat Jun 23: Aerobics State Final

For more information, please visit our website: <http://www.nulkaba-p.schools.nsw.edu.au/calendar>

News from the Classroom

Class KE

KE have been having a ball of fun this year and this term is no different. We have learnt so many sounds and are continuing to lock in those tricky double ones. The smiles and pride that shines through when children reach their goal of the next tricky word list is so heart-warming. We all learn at different rates and in different ways and I am loving seeing everyone's individual progress. Ryan this week wrote a capital R independently in the dust on top of my blue concertina file and the whole class were so impressed... I know the photo does not do it justice but we all celebrated it and no, dust is not usually part of our groups but he did it moving from one group to the next. All of last terms photos can be found on the class blog kindywithmissebony.weebly.com over the next few terms we will be trialling the SeeSaw family app that other classes have been using as a kindergarten blog and not specific classes.

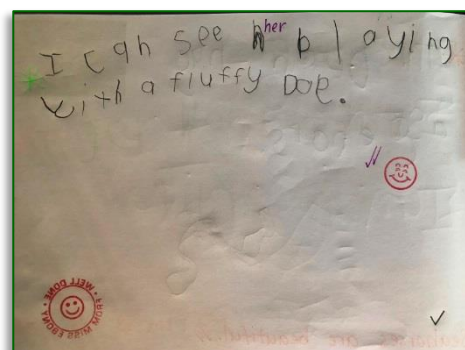
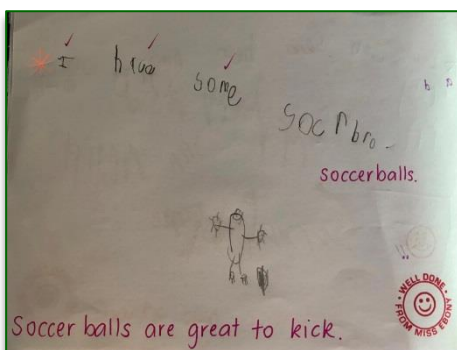
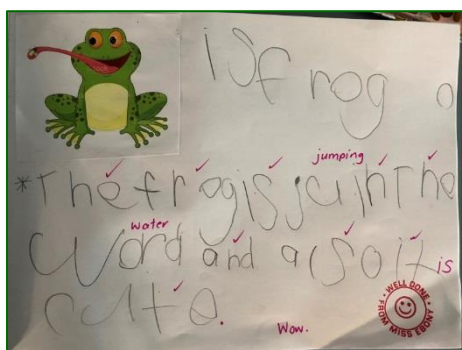
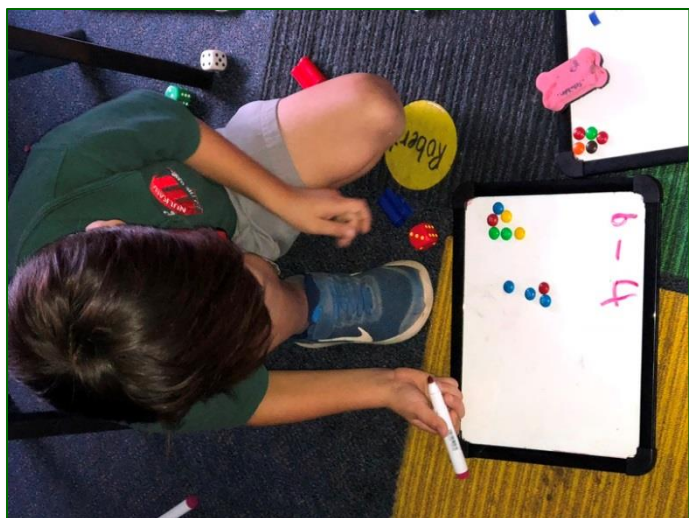
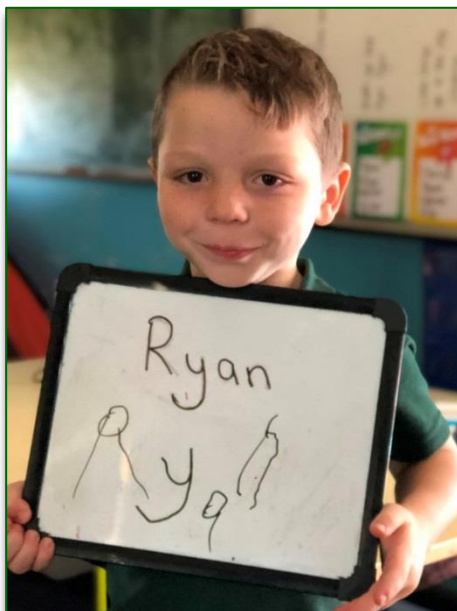
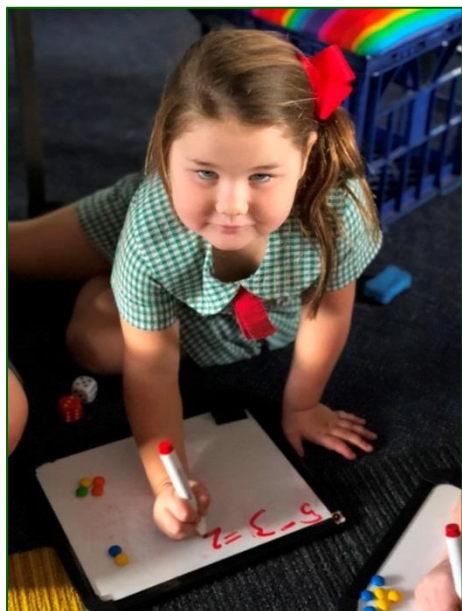
We have really enjoyed the meditation and yoga aspects of our "Feelings, Fitness and Food" project and the pictures prove it. Our GoNoodle active songs have been a hit, they are fun, catchy, get us moving and give us a giggle. You can YouTube them at home if you like, along with the alpha blocks WHICH WE LOVE. Our daily fitness for five is great. The student's run laps around our playground for five minutes and their laps are recorded on their hands. So many children are trying to beat their last lap record. The massive difference from the first time we did it (a lot of whinging, asking when we would be done and a lot of walking and one lappers) to now where the kids are keen to get moving, run so much more of the way and are so super impressed with themselves for running an extra lap... sorry about all of the whiteboard marker dots and smiley faces on their hands but who doesn't like instant gratification for succeeding?

A delicious Math highlight was our introduction to subtraction... there is only one-way to "take away" M&M's and it is yummy, so NO, I was not just feeding them chocolate for fun.

We have been enjoying learning to read and write and some of us can do it independently, locking in the sight word lists really helps in these areas. Check out some of our work. Some sentences are completely independent, others are a copied sentence starter and then finished by ourselves and others are modelled completely by Miss Ebony so we can focus on our letter formation, capital letters, spaces and full stops. We are all trying very hard.

A massive shout out to our regular parent helpers. You are amazing and we could not do it without you. Particularly Mrs Schilder... who even though she is a teacher at the school, she changes our RATS readers every Friday, even if there is a change in routine she fits it in on top of her own classes needs to make sure they ready to go home on a Monday. Also Jess (Asher's mum)... (Mackenzie's mum) for your help and Sally (Liam's mum) for her regular Wednesday help, it really is all appreciated ladies. Please, if anyone else can spare some time here and there or regularly, we would love to have you we don't bite... we just nibble a bit

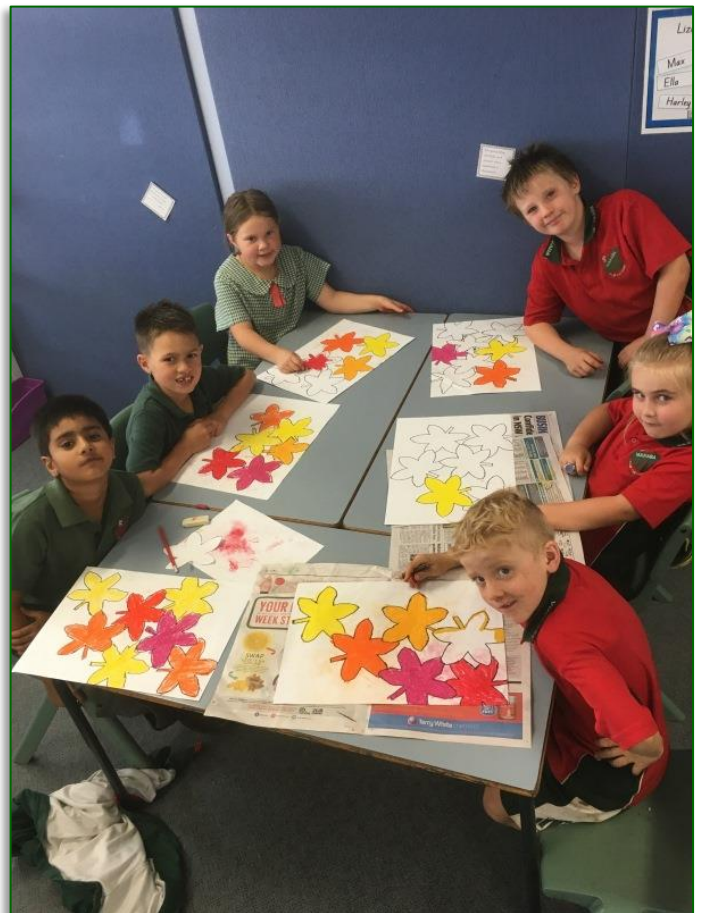
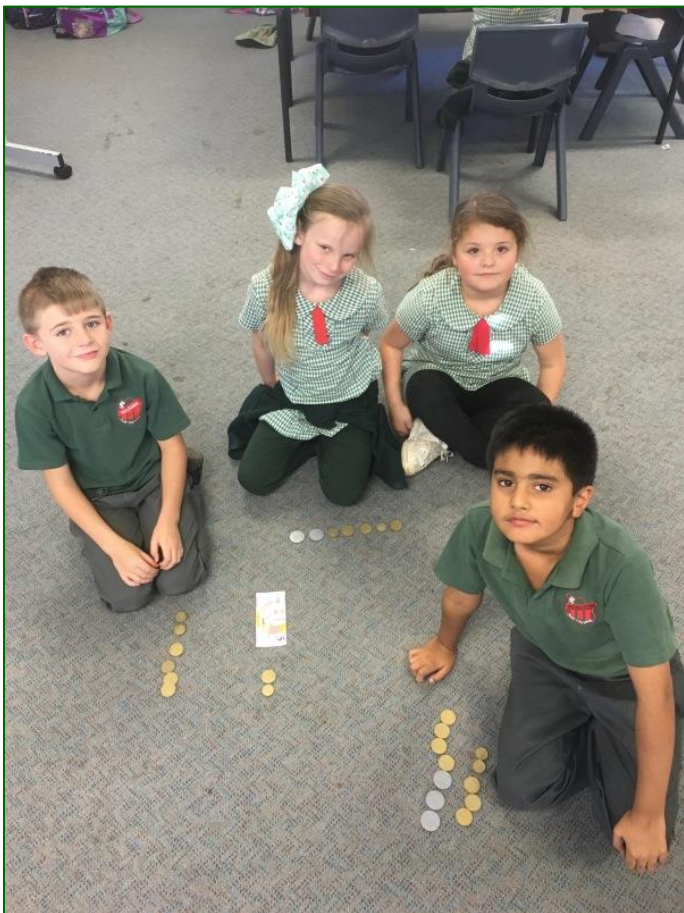
Our next Project Launch is next week and the speculation is huge about what we are going to be doing. Do not forget to pay the \$5 so your child does not miss out.



Class 1-2CW

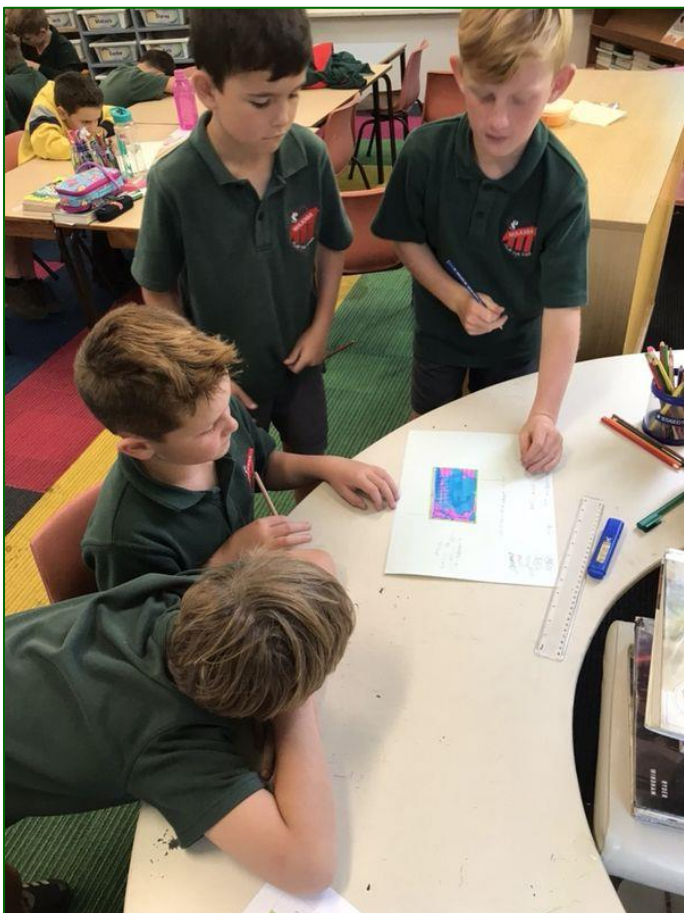
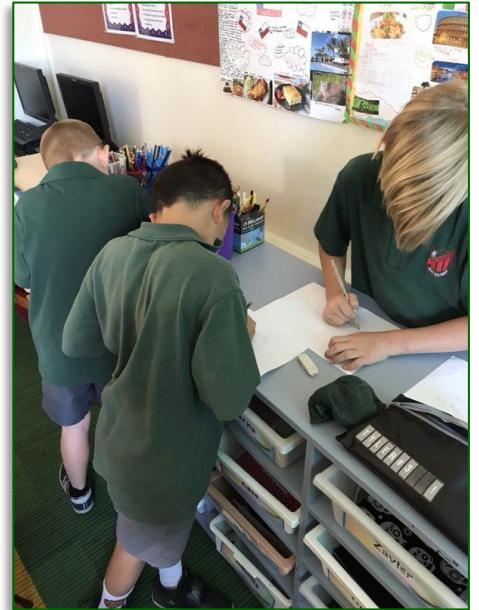
1/2CW have had a lot of fun learning about “How to be your best self” for our first project. We are also looking forward to starting our next project in Week 5. The project launch is planned and we will attend a mystery excursion on Monday. We cannot wait to find out where we are going and what our new project is!

During Term 2, we have created some fantastic holiday recounts. Also, National Simultaneous Storytime was held on Wednesday. We had a lot of fun making our masks and finger puppets for ‘Hickory Dickory Dash’. As part of our numeracy lessons, we have participated in TEN Buddies. We work in pairs playing number games to reinforce number facts. We have also enjoyed math groups and had a lot of fun calculating with money this week and using Mathletics. The investigations on how many different ways we can make \$2.50 proved to be a great challenge and extremely motivating. We have enjoyed art and have started to make some wonderful autumn pictures.



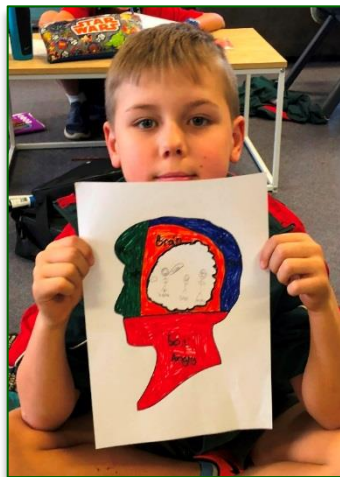
Class 3N

With Term 2 in full swing, we have been working very hard in 3N. In just a few short weeks, we have had some exciting experiences and some nerve rattling ones as well. We had the pleasure at the beginning of term to be a part of a Forensic Science incursion. We had to use the skills taught to us to find clues to solve a missing person's report. We have enjoyed engaging in Science and exploring what is beneath our feet. In this unit, 3N has been exploring the different factors that shape the world around us and developing our understanding of the tricky concepts we have researched. We have been exploring the key components of music and developing an understanding and appreciation for different genres and styles of music. We also have completed the much anticipated NAPLAN. Many of the students in 3N were extremely nervous to undertake the tests, however I could not be happier to see all students trying their best and having a go. It has been a wonderful start to term in 3N and we are all excited to see what the rest of the term will bring for us.



Class 5M

This term, 5M have been wrapping up the “How to be your best self” project, focusing on mental health. To finish this off, we watched the Disney movie “Inside Out”. From this, we looked into the things that effect their emotions, their core memories and their thoughts. Here are some of the depictions of the thoughts going through our classes’ heads. I cannot wait to see all the amazing things they will come up with during our next project.



Class 5-6P

In the last week of Term 1, 5/6P along with the rest of Stage 3 were fortunate to go to Sydney for a four-day camp. It was an amazing trip, filled with lots of fun, laughter and learning. We started our trip with a tour of ANZ stadium, followed by a swim at the Sydney Aquatic Centre. The night activity was the Sydney Aquarium, where we witnessed sharks, fish, seals and dugongs. Afterwards we headed back to our accommodation at Olympic Park.

The next day was another busy one. Starting with a power walk across the Harbour Bridge, then on to Hyde Park Barracks where we learnt about the first settlers and convicts. The Maritime museum was our next stop, boarding the 'Vampire', and seeing what life was like on a Navy ship. After a very busy day, we still were not done. We popped into Bondi Beach and tried our best not to get too wet. Some students even got to meet the Bondi Rescue lifeguards.

Our third day started with us going to the top of Centre Point Tower for an amazing view across all of Sydney. A tour in the Rocks area followed. It was great to see some of the old buildings from the early 1800's and hear the stories of people who once lived there. In the afternoon, we spent a few hours at the Powerhouse Museum. It is a museum with lots of hands on activities. The 'Wiggles' exhibition was a huge hit, taking the students back to when they were much younger. The night activity was Madame Tussaud's Wax museum, where students posed with the celebrity figures and took lots of photos.

Our fourth and final day may have been the most fun, Luna Park! Rides, food and fun galore. It was a wonderful way to finish our camp.

"I enjoyed that we got to spend time with our friends and choose where to go in our groups" – Stan

"The Wax Museum was very interesting, the wax figures were all very detailed and life like" – Charlotte

"I liked the Rocks tour, we learnt a lot about what it was like when the convicts came to Australia" – Jasmine

"I learnt a lot at the Barracks. I really enjoyed it, I hadn't stayed in Sydney for many years" – Hendrix

"The view was awesome from the Sydney Harbour Bridge" – Phoebe



Premier's Reading Challenge Update

WOW! We are going from strength to strength! We now have 144 students with completed entries! What terrific progress to date! We now have more of our K-2 classes who have completed their required reading, as well as several more primary students... AND... 4Z are well on the way to being the first primary class with a full class of entries. Very exciting! With all these wonderful students we have a very full list of names to congratulate – starting with KE – well done to Chloe, Charlot, Mehar, Mason, Tyson, Sienna, Mackenzie, Savannah, Liam, Charlie, Robert, Asher, Lachlan, Koby, Ryan and Ella. Your efforts mean that all of our Kinder students have now qualified for their PRC certificate.

Next well done to 1M – Sebastian, Lennox, Ellie, Oscar, Isabella, Ruby, Dex, Amahni, Braxton, Ava, Seth, Sienna, Boston, Myla, Cooper, Sofia, Kobi, Noah, Indy and Lucia. Not to be outdone – congratulations to 1/2CW – Leah, Gracie, Lawson, Jack, Ben, Addison, Tannah, Molly, Sophia A, Lucy, Harley, Ayaan, Fabian, Thomas, Lucia, Lincoln, Ella, Alexis, Max, Cadence, Abigail and Sophia S.

From the primary classes we have – Jacob, Jake, Lucas, Mackenzie Ha, Mackenzie Hi, Samantha, Seth, Sienna and William – all from 4Z, and from 5/6P, well done to Kiara H. Excellent work everyone!

National Simultaneous Storytime

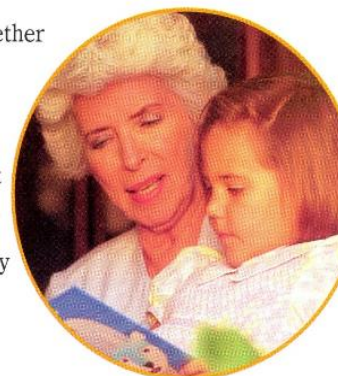


We all had a fun time at this year's National Simultaneous Storytime last Wednesday morning. Nulkaba Pre-school joined us as we all listened to the reading of Hickory Dickory Dash by Tony Wilson. There were lots of smiles in our audience, and our K-2 classes all proudly showed off their mouse and cat masks that they painted with Mrs Morris in their Library sessions last week. They all looked fabulous! Just check out our photos of the day.

There were some extra happy folk, who were lucky enough to win their own copy of this year's story – congratulations to Koby S of KE, Addison S of 1/2CW, Noah H of 4J and Milani T of 5/6P, and Miss Halverson whose name was drawn out for the teacher's copy. Happy reading everyone!

6 REASONS TO READ TOGETHER

1. Reading together builds a lifelong bridge. Reading with children sends a positive message: I want to spend time with you. A child will carry that message forever.



2. Reading and storytelling build word power - the power to communicate.

3. Reading with a child is fun. You can be silly or sad or serious - together.

4. Reading aloud promotes good listening skills. Good listeners are good learners.

5. Reading stretches imaginations, introduces new ideas, and encourages independent thinking.

6. Reading at home gives your child an advantage in school. Children become better readers by reading.

TRY IT! Story Door

Pull some snapshots out of the family album for an instant story-book! Together with your child, make up captions and write them on strips of plain paper. Tape the photographs and captions on a door or refrigerator. You and your child can then read or tell the photo story together. You can also share it with other family members and friends.





Book Club Issue 4 – Advance Note

Orders for Issue 3 will be distributed next week but we will also receive the Issue 4 brochures very soon. The tentative due date for Issue 4 orders will be Friday June 15 so that orders arrive here at school well in time for the holidays.

School Sport

Rugby Union

It has been my absolute pleasure to take charge of Nulkaba's Rugby Union teams for this year. We have achieved some fantastic results in the past two competitions and all competitors have represented their school with pride.

In the Rugby 7's competition in Term One, Nulkaba Public School was the only school to have a mixed team. During the competition, we played some tough opposition and at first, the team was quite nervous. It was good to see the boys and girls working together and backing each other throughout the games as well as displaying fantastic sportsmanship. Which was something that the event organisers had mentioned they were really impressed to see. At the end of the day, we were full of confidence and picked up two wins out of four games.





Our most recent competition was the Rugby Union Tournament. Again, we played some very tough opposition but the team remained level headed and played to the best of their abilities. Throughout the day, the team displayed fantastic sportsmanship and the school values. By the end of the day, the team was playing fantastic football and came from behind in the last game to win on the final whistle.



Overall, I have been impressed with the level of sportsmanship and seeing the students never give up. I look forward to the upcoming under 10s competition next month and seeing the students represent the school with pride again.

School Canteen News

Hi, everyone our school canteen is still in need of volunteers to fill our Canteen Roster for 2018.

Unfortunately, some of our Mums have had to leave due to work commitments so we are in need of filling those days once per month.

Our days are:

Week A - Thursday

Week B - Monday

Week C - Wednesday and Thursday

Week D – Thursday

If you are able to do, 12:00pm – 2:00pm that would be a great help also.

Linda is in the canteen Tuesday - Friday from 8:45am - 12 noon.

Come along and meet new Mums, we also have a great laugh so it might be just the thing.

If you can help out on any of these days Please let Linda know in the canteen or contact her on 0400 413 313

Kind Regards

Linda Balazic

(Canteen Manager)

School Shed for Sale

Are you looking for a new shed? As many of you would have noticed, there is a new shed that has been built on the Back Oval. This shed is in preparation of the new school development. The next step is for the removal of the existing sheds. The P&C fundraised to provide the school with the sheds but now the sheds need to go. The P&C are putting it out to the school community first, would you like a new shed? The sheds are for sale and as they are still erected, it is a perfect opportunity to look at dimensions and look at how they go together. If you are interested in purchasing or have any questions, please contact our P&C president Mr Gary Wills and he will assist with any queries.



Paralympian - Lauren Parker

Four of our Stage 2 students had the opportunity to meet Miss Lauren Parker a Paralympian on Friday at Congewai Public School. Stage 2 were fortunate as Stage 3 had their Project Launch, which opened up the opportunity to the Stage 2 students. The girls had to write an exposition convincing Mrs Zoneff of why they should be chosen to go and meet Lauren. It was amazing to see all the different arguments that were put forward. Sam, Mackenzie, Ava and Laura were chosen on the quality of the writing and thoroughly enjoyed the experience. A massive thank you to Mrs Beveridge and to Congewai School. Fantastic for the children to hear such an inspiring story and learn so much.



School Banking

New School Banking Rewards Now Available!

Exciting new Term 2 rewards with a Super Savers theme are now available, while stocks last!

Glow Light



Sparkle Glitter Pens



For every deposit made at school students will receive a silver Dollarmites token. Once students have individually collected 10 tokens they can redeem them for exclusive School Banking reward items in recognition of their regular savings habits.

There are two new items released each term so be sure to keep an eye out for them!

Thank you for supporting the School Banking program and remember. School Banking day is every **Friday**.

Congratulations, you're ready to redeem a Super Savers reward.

To redeem your Super Savers reward, simply select your reward item, complete your student details and bring it along with your 10 silver Dollarmites tokens to school in your Dollarmites deposit wallet.

Name:

Class:

Student ID:

SAVING

SUPER SAVERS

Rewards are only available while stocks last.
Commonwealth Bank of Australia, ABN 48 123 123 124.

 Twister Power Handball <small>Released Term 1 2018</small>	 Sparkle Glitter Pens <small>Released Term 2 2018</small>	 Mighty Boom Handball <small>Released Term 3 2018</small>	 Slushie Maker Cup <small>Released Term 4 2018</small>
 Secret Scratch Pad <small>Released Term 1 2018</small>	 Glow Light <small>(1 x AAA battery included) Released Term 2 2018</small>	 Heat Reactor Pencils <small>Released Term 3 2018</small>	 Zoom Flying Disc <small>Released Term 4 2018</small>

Good for Kids good for life

INCIDENTAL PHYSICAL ACTIVITY

It all adds up! Physical activity doesn't just mean team sports. There are simple and cheap ways to get your kids active.

Children should be getting at least 60 minutes of moderate to vigorous activity (that is activity that makes them "huff and puff") across the day. Whether it be walking, riding a scooter, cycling or even playing hide and seek! It all adds up.

Here are some ideas to keep your kids entertained during those cold winter months:

- Playing games like 'Simon Says', and 'Hide and Seek' in the backyard
- Walking or cycling to and from the local park, shops or school
- Taking the dog for a walk
- Playing games with siblings such as skipping, hopscotch or handball

These activities don't require any uniforms, expensive sporting equipment or registrations.

Check out this activity diary to keep track of how much physical activity your kids are getting. <https://www.healthylunchbox.com.au/kids-teens/kids-activities/activity-diary.aspx>



Health
Hunter New England
Local Health District

Phone 4924 6499



Nutrition Snippet

The simplest way

...to make sandwiches more exciting!

Making small changes to lunches can make a big difference to the overall nutritional value and make them more exciting for your kids to eat.

Here are our top tips:



Try different breads – wholemeal, wholegrain, rye, soy and linseed, sourdough, rolls, pita, Lebanese or Turkish.

Try a variety of different fillings – vegetarian, lean meat or fish. Combine the following tasty sandwich fillings and spreads:

- Salad.
- Vegetables – lightly grilled or roasted.
- Lean meat e.g. roast beef, lean skinless chicken breast or turkey.
- Fish - tinned tuna, salmon or sardines (in springwater or brine).
- Tabouli.
- Egg.
- Tasty cheese.
- Banana.
- Healthy spreads e.g. avocado, hummus, mayonnaise, cottage or cream cheese, mustard, chutney, pesto or salsa.

Visit [healthylunchbox.com.au](https://www.healthylunchbox.com.au) for recipes & information you can trust.

Eat It To Beat It