



# NULKABA NEWS

## **Nulkaba Public School**

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**Issue 132: 2018 Term 4 Week 4**

**Friday, 9 November 2018**

Dear Parents and Carers,

So much is happening at Nulkaba at the moment. All students are involved in their projects and in completing assessments both informally and formally. It is wonderful to see some many happy and engaged students right across the school.

### **Book Fair**

Book Fair, again, was a very successful time for our school. This fair enables us to purchase many wonderful books for our Library. Many students participated in the competitions and were excited about the books that were on display. Thanks to Mrs Morris and her band of helpers for making this a success.

### **P&C**

Our last formal P&C meeting for the year will be held next week on the Tuesday, 13 November 2018 at 6:30pm. Our final one is always our Christmas Dinner meeting. Due to the fact our staffroom is now a classroom we, will be holding the meeting in the Library. Please come along, you will be most welcome.

### **School Swimming**

This program has again been run over the last two weeks with great success. The weather has been mostly kind to us making it a much more pleasant experience. Students are coming back to school excited and staff are reporting great gains in their skills and confidence. Thanks to the P&C for their support with the cost of the buses and to the teachers and support staff who make sure all our students can access this program.

### **Annual Principals' Conference**

Last week I had the pleasure of attending this three day conference in Sydney. The speakers were amazing, awe inspiring and very informative. All parts were connected to future focussed learning and designed to support Principals in their quest to ensure our students are given the skills they need now and into the future, and to ensure we work together to inspire our students to want to continue to learn and to be responsible citizens.

### **Children's University Graduation**

What a wonderful evening this was. It was a great pleasure to present the graduation certificates to the wonderful students from Nulkaba. They looked wonderful in their caps and gowns. This is such a wonderful experience for our students and is hopefully preparing them for the ongoing learning they will need to participate in, if they are to continue to thrive into the future. It was wonderful to see so many parents and friends on the bus as we travelled down to the ceremony. Thanks to all my staff who have supported this activity.

### **School Disco**

Our final school disco will be held next Thursday, 15 November 2018. At this disco, we invite our Kindergarten 2019 students so they can have some fun. Please support this disco as it is the Year 6 one and will support them in purchasing something worthwhile for the school.

### **Stage 2 Camp**

This camp is next week and all of Stage 2 are extremely excited. I am hoping to be going up to the camp on Monday afternoon to stay the night. The camp certainly looks like it is going to be a lot of fun. Make sure you have your Seesaw app up and running so you can keep up to date with all the wonderful activities and fun your child will be having at Forster. Do not forget to be here already to go by 6.45am. They will be back at school on Wednesday, 14 November 2018 between 3:30 and 4:00pm.

## Interrelate

Interrelate began this week and will continue next week. This program is a wonderful support program for our Year 6 students and we are lucky to have the support of the P&C in being able to make this available to all students.

## Building Update

Thank you for all your patience with the upheaval and poor parking while our building program is going ahead. As you can see lots of progress is happening every week and from my discussions with the site manager, all is progressing as they had hoped. We are all very excited and cannot wait until we are able to move into these wonderful facilities.

Narelle Hunt  
Principal  
Nulkaba Public School



## Samaritans Christmas Appeal

It is that time of year again where the Samaritans are asking for your kind donations of gifts such as **food, stationery, card games or board games**. Gifts will be accepted from **Monday, 12 November 2018 – Tuesday, 11 December 2018**. Please place your gifts in any of the large boxes located in the office, library or A block. The Samaritans have asked please **do not wrap** any gifts. Thank you for your support.

Mrs Kalinda Woods



NSW Education

Cessnock West Public School

# Connecting Kids, Connecting Families

*To connect parents and carers of children with a disability, the NDIA and local providers.*

**Location:** Cessnock West Public School  
Campbell Street and Wollombi Road  
Cessnock. (enter via Alfred St)

Light refreshments provided

**Date:** Wednesday 12 December 2018  
**Time:** 2-5pm

Social Futures  
Delivering the NDIS in your community  
Mid Coast Communities is delivering the NDIS in the Mid North Coast area on behalf of NDIS Partner Social Futures

## Coming Events - 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
	12 Nov	13 Nov	14 Nov	15 Nov	16 Nov
Week 5	Stage 2 Camp	Stage 2 Camp; <b>12:30p</b> Sista Speak (Infants);	Stage 2 Camp; <b>9:30a</b> Interrelate - Year 6 Session 1 <b>11:30a</b> Interrelate - Year 6 Session 2;	Girls Leader Speeches Stage 3 Vote; School Disco	Boys Leader Speeches Stage 3 Vote
Week 6	19 Nov <b>1:20p</b> Social Group Bunnings Visit	20 Nov <b>12:30p</b> Sista Speak (Primary);	21 Nov	22 Nov <b>2:10p</b> Aboriginal Education Team Meeting	23 Nov
Week 7	26 Nov Girls Leader Speeches - Whole School Vote; <b>3:30p</b> AECG Meeting at Kurri Kurri HS	27 Nov Boys Leader Speeches - Whole School Vote <b>12:30p</b> Sista Speak (Infants);	28 Nov	29 Nov Surf Day - Stage 3	30 Nov
Week 8	3 Dec <b>9:20a</b> Term 4 Special Assembly	4 Dec <b>12:30p</b> Sista Speak (Primary); <b>2:00p</b> Year 6 Transition Session	5 Dec	6 Dec Leaders Camp – Forster; <b>6:00p</b> Conservatorium Music Concert	7 Dec Leaders Camp - Forster

For more information, please visit our website: <https://nulkaba-p.schools.nsw.gov.au/events.html>

## Canteen Roster - 2018

Week 5 = Roster B

Week 6 = Roster C

Week 7 = Roster D

Week 8 = Roster A

	Monday	Tuesday	Wednesday	Thursday	Friday
	12 Nov	13 Nov	14 Nov	15 Nov	16 Nov
Week 5	Katrina Moss Amanda Platt	Renae Beckett Linda Kerr	Danielle Codd Sally Hare	Leesa Beveridge Sally Hayes	Lynda Hirst Sue Hirst
Week 6	19 Nov Kristy Maguire Alex McGregor	20 Nov Lisa Edwards Lyn Fallon	21 Nov <b>Help Needed</b>	22 Nov <b>Help Needed</b>	23 Nov Lauren Goodwin Lynsay Ingram
Week 7	26 Nov Leanne Robinson Lorraine Williams	27 Nov Stephine Clark Renae Procter	28 Nov Bianca Bartlett Kristy Maguire	29 Nov <b>Help Needed</b>	30 Nov Michelle Wills <b>Help Needed</b>
Week 8	3 Dec Leanne Robinson Lorraine Williams	4 Dec Patricia Twentyman <b>Help Needed</b>	5 Dec Sally Hare Melaney Knight	6 Dec <b>Help Needed</b>	7 Dec Kathryn MacDonald Melissa McLellan

If you can help to fill our current vacancies, please contact **Linda on 0457 514 786**



### Class KE

#### What can Kawal See?

This unit has covered so much, from our amazing surprise Launch at the Baiame Cave to our Cessnock community excursion. KE got to be mayor for a minute, have a beautiful story read to them at the library as well as put out some 'nasty fires.' It was such a fun experience. There are so many changes going on in our school with the new buildings going up that what Kawal can see is changing every day. As part of this unit, we are reading many Aboriginal Texts. "Johnny Cakes" was one of the books we enjoyed reading... so of course we had to follow the procedure and put it in place. We made some delicious damper in our room and sweetened it with some honey and jam. Our creative arts is all linking to our unit too. We have some very cute echidnas from "The Echidna and the Shade Tree", and "Tiddalick" is always a favourite. Our beautiful bright rainbow serpents look amazing.

Some new and fun ways to lock in our sight words have been by using beach balls. We throw them to each other and have to read the word under our right hand (great for locking left and right in too). Thank you to the Grandparents who came to Grandparents Day, KE loved making you deconstructed apple crumble... love was the special ingredient.

Our entry way has been turned into a positive little start to the day. The children say 'Mirror, Mirror on the wall, there is something Brilliant in us all' as they walk in and get to check themselves out.

I am starting to get quite sad, this year is slipping away so fast and I will soon have to pass my beautiful little KE on. I love the growth and development that I get to witness first hand each and every day and I wish I could keep them forever. Thanks for an amazing Year KE.





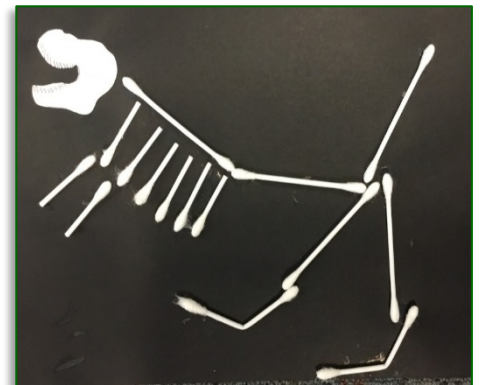
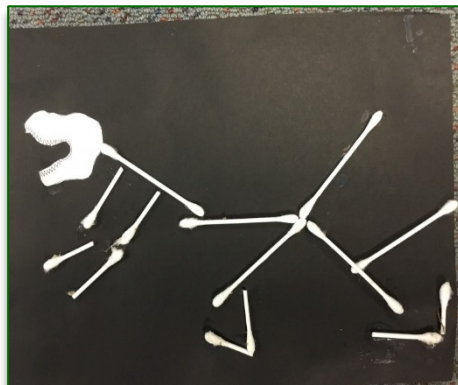
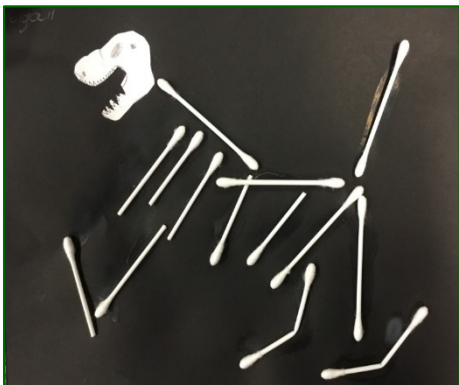




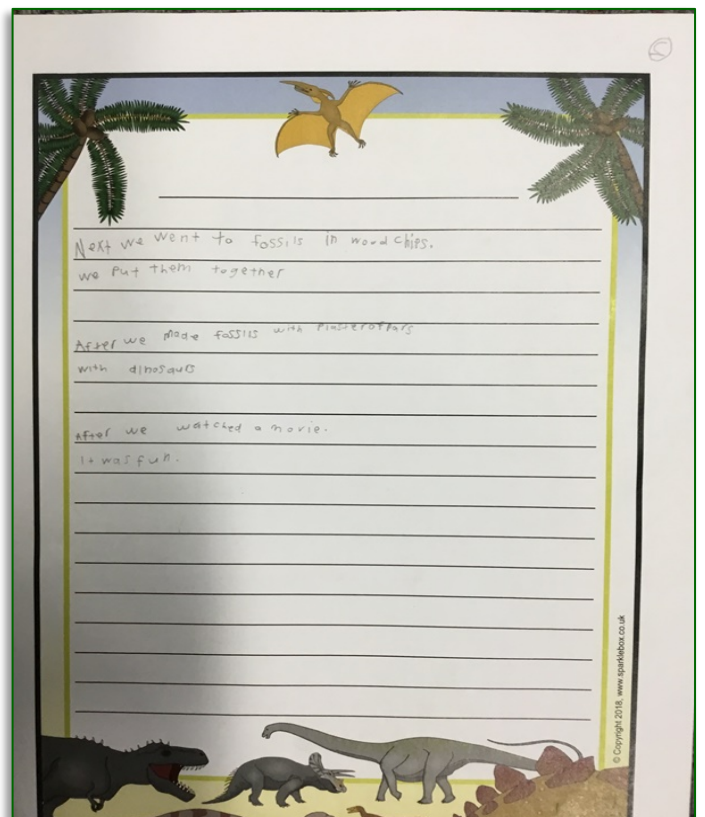
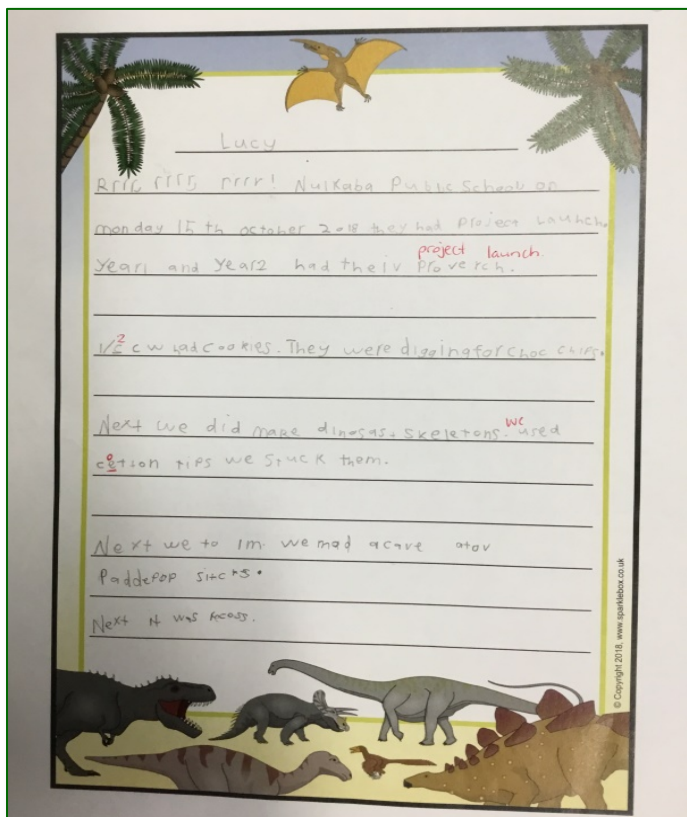
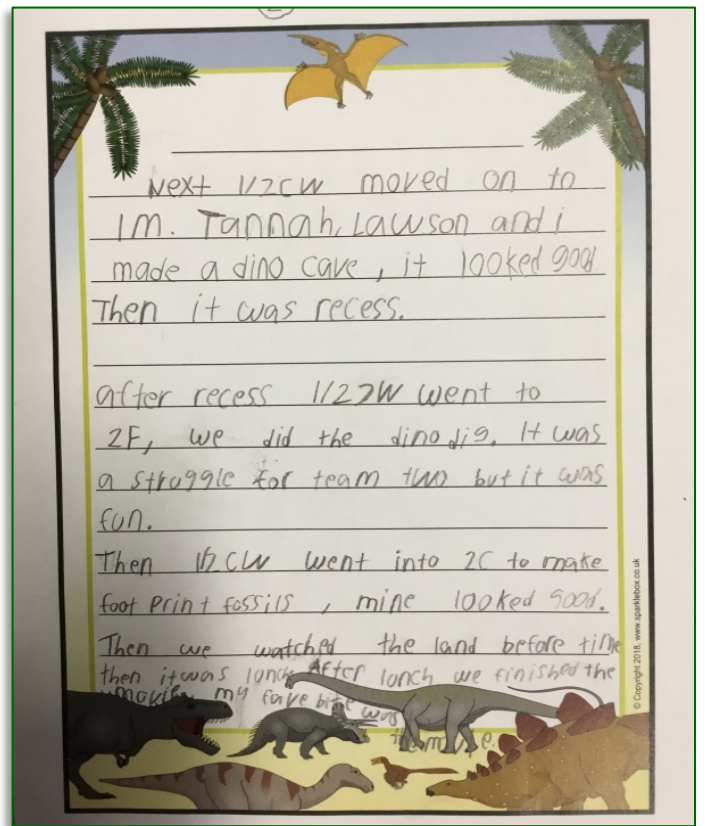
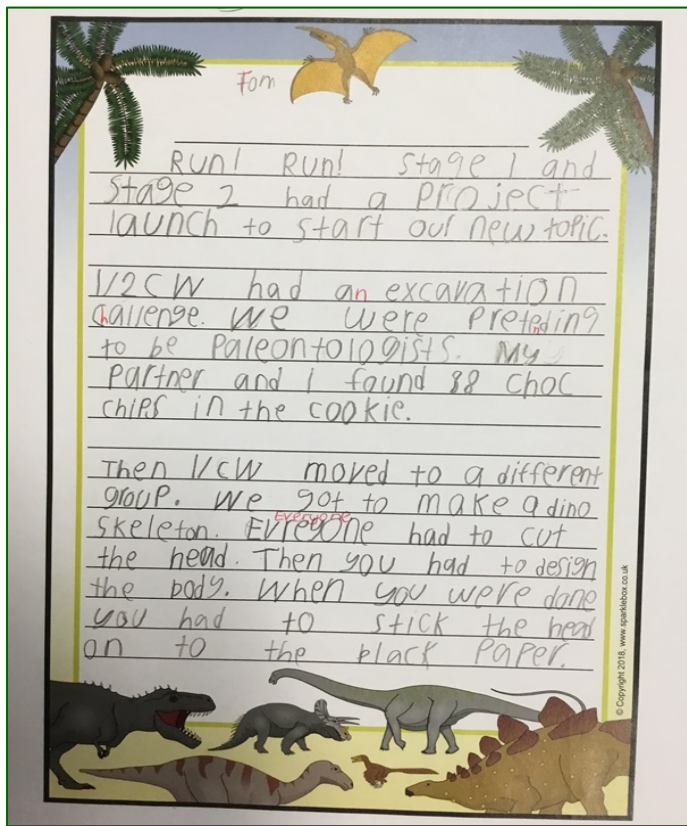
### Class 1/2CW

1/2CW have had a fabulous start to Term 4. We launched our new project “Do You Think They Saurus?” with some exciting hands on activities. We had an amazing day dressed as explorers learning about all things ‘dinosaur’. Some of the activities we did were: digging for dinosaur fossils, making dinosaur skeletons, building dinosaur caves, excavating fossils from choc chip cookies using toothpicks and printing dinosaur footprints. We have continued our learning by researching interesting facts about types of dinosaurs and palaeontologists.

We have also participated in the footy skills program this term. This has been a great addition to our PE program and we have learnt many new skills. The games were great fun and we demonstrated exceptional sportsmanship. Our Year 2 students have now finished the Swim School program with great success.









### Class 3N

Term 4 has arrived and it is hard to believe just how quickly this year has flown by. We have been doing some amazing things in the classroom and in the school as well. We are currently exploring our third Project Based Learning topic, *Where in the World are We?*, and we have been exploring the unique features of our focus country: South Korea. We have just finished recording our South Korean travel documentaries and we are so excited to share them with our friends in Stage 2 and our families. We have enjoyed some fantastic events in our school like the Rugby League Skills clinic, Grandparents Day and our Stage 2 project launch, which was a cultural phenomenon. We also have our Stage 2 Outdoor Education Experience Camp at Forster, and an in school STEM workshop coming up. We have been working hard in literacy and numeracy to continue building our skills and working together to become the best students we can be. This year has been amazing and we, as a class, have been very blessed to experience so many amazing opportunities to learn and to grow together.









### Class 5M

This term 5M are learning about the negative environmental effects of using plastic bags as part of our Plastic, Not so Fantastic project. After watching an episode of the TV show 'War on Waste', the students felt compelled to email NSW Premier Gladys Berejiklian, asking for NSW to enforce a ban on plastic bags.

We have been working with 3D objects this week and enjoyed the hands on activities including making a range of different shapes such as octagonal prisms, pentagonal and hexagonal pyramids.

5M also enjoyed the visits from the NRL, working on passing, ball handing and evasion skills. It was great to see everyone having fun and getting active while learning new skills.





## Book Fair Thanks!

# TO THE BOOK FAIR AND BEYOND!

have with close parking did have an impact on our fair. Even so, we still earned over \$1,000.00 in Book Fair Rewards, which will gain us some great new titles for the library.

Our annual Book Fair has again come and gone. Thank you to all who came in to have a look, and we know that many folks snapped up some great books. Our sales this year were actually somewhat lower than in previous years, with just over \$3,600.00 in sales. Obviously, the current difficulties we

Thank you also, to our wonderful helpers on the day who freely gave of their time to help out. In 2019, the Book Fair is pencilled in for around the same time, so we will see you there!

## Book Club Issue 8 Will Be Here Soon!

If you were not able to drop into the Fair, then the last Book Club issue for this year will be the place to look for great Christmas ideas. The Issue 8 brochures are expected to arrive in the next few days and will be distributed as quickly as possible. We only have a short purchasing period for this issue, with any orders and payments needed to be handed in by around Wednesday, 28 November 2018. A definite closing date will be given when the brochures are handed out.



## Good for Kids good for life

### INCREASING VEGETABLE INTAKE

#### Did you know?

Only 5% of children in NSW consume the recommended daily serves of vegetables? Kids aged 5-13 should be eating 4.5 to 5.5 serves of vegetables each day.

#### What is a serve?



Source: [www.eatforhealth.gov.au](http://www.eatforhealth.gov.au)

#### How can I get my kids to eat more vegetables?

- Involve your children in grocery shopping and meal preparation.
- Add easy to eat vegetables to the lunchbox.



- Make it fun! Try making vegetable skewers or create funny faces out of vegetables.
- Keep trying, serve vegetables in different ways to see how they like to eat them.
- Be a good role model and eat plenty of vegetables in front of your kids.



PHONE 49246499



SunSmart Snippet

## The simplest way

...to be a good role model!

#### Did you know?

Researchers, parents and teachers know that children imitate adult behaviour. That's why role modelling sun protection is so important!

#### How you can be a role model:

- **Slip** on clothing which covers as much skin as possible.
- **Slop** on 30+ broad-spectrum, water-resistant sunscreen.
- **Slap** on a broad brimmed, legionnaires or bucket hat.
- **Slide** on some wrap-around sunglasses.
- **Seek** shade when outdoors.



Don't forget – when the UV reaches 3, we protect against UV! You and your kids can check the UV level together by downloading the SunSmart app!

**Set a positive example and your kids will follow your lead!**

To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)

