



NULKABA NEWS

Nulkaba Public School

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Issue 107: 2017 Term 3 Week 2

Friday, 28 July 2017

Dear Parents and Carers

Welcome back to school for Term 3. This is going to be a massive term with so many events happening as well as the introduction of our new financial system. I will be on leave from Monday 31st July until Friday 31st August. Lesley Burley will again be relieving in my role. I will be in and out during my leave as there are some tasks I still need to do and I am not going away; I am spending some time with my son and his fiancée who are visiting from London.

Capital Works Project and Education Week

As you will all be aware, we are going to be a part of a capital works project at Nulkaba School. We are all very excited, as we have been meeting with the DoE, architects and a management group to come up with a workable plan for this site. Gary Wills has been the parent representative on the reference group since the beginning. We have now been approved to move forward with our plans and to this end; there will be an information booth at school on 2nd August from 1:30pm. As you know this is our education week open day with classroom visits and a picnic lunch scheduled. An invitation to this and a canteen menu for the day was sent home last week. Please come along, find out some more information on this exciting development for Nulkaba Public School, and spend some time in your child's classroom as well. More information will be sent home as it is delivered and more information booths will be held. The Cessnock Community of Great Public Schools Education Week awards ceremony will be held at Mt View High on the 2nd of August. Look out in the Advertiser for our supplement and the list of this year's award winners.

Public Speaking

Once again, we will be hosting the Zone finals of Public Speaking. They will be held on Monday 1st August and Thursday 4th August. We wish all our Nulkaba students every success when they compete. I am sure they will be fantastic.

Aerobics Nationals

The Silver Bullets, Silver Bursts and our singles and audition competitors will be competing in the School Aerobics Nationals at the Gold Coast Convention Centre on Friday 5th and Saturday 6th August. We wish them luck as they compete. They have all trained hard and are looking amazing and I know they will make us all proud. Mrs Burley, Mrs Cousins and Mrs Forster will travel with the team.

Production

I cannot believe it is three years since we last had our production. This year's events are going to be spectacular. Dates are on the calendar on our website and have been mentioned in the last newsletter. Just a reminder that in Week 8 Stages 2 and 3 will be performing- evening on 6 September, matinee, and evening on the 7 September In Week 9 – Early Stage 1 and Stage 1 will be performing - evening only on 13 September and matinee and evening on 14 September. More information re bookings will be sent out shortly. Thanks to all teachers and parents who are working so hard to make these performances a success.

LMBR

As was mentioned in our newsletter at the end of last term, we would be moving into the new financial system used by the DoE. We went "Live" with this system on Monday. This is a massive change with lots of new skills and processes to be implemented. I thank you for your patience especially re payments during this period. So far so good.

Kindergarten 2018

Just a reminder that if you have a child who is going to be coming to Kindergarten at Nulkaba Public School in 2018 can you please make sure you come to the office and fill out their details. We will shortly be sending notes home to invite you to attend our Orientation program, which will commence on the 8th September. It is a very worthwhile program for both students and parents.

NAPLAN Online - Trial

This will be held for all Year 3 and 5 students during the week beginning 28th August. Year 3 will complete one test, which is a combination of language, reading and numeracy. Year 5 will complete this type of test too as well as a writing test. These are simply to trial the software and procedures ready for the implementation of the online test system in 2018. To complete this test, students will need a set of earphones. We will shortly be sending a note home for you to indicate if your child has a set that they can bring on the assessment day. If they do not we will provide one.

Sport

Congratulations to all the students who have represented in school teams, Regional Cross-Country and Zone Athletics. It is always wonderful to hear about how hard they try and what great sportsmanship they show. Well done. This week we again had our mixed Year 6 netball teams compete in the Netball NSW gala day. Everyone had a great day and played with great sportsmanship.

Narelle Hunt
Principal
Nulkaba Public School



Education
Public Schools

Managing Ethical Studies on Sensitive Issues Researchers

Take part in the MESSI Survey: Managing Ethical Studies on Sensitive Issues Researchers from the Institute of Child Protection Studies are inviting young people, parents and teachers to participate in an online survey about children and young people's participation in social research about sensitive issues. They need help from:

- Young people aged 12-17 years
- Parents of children aged 7-14
- Teachers, school counsellors, teacher aides and Principals of children aged 7-14

The 10-minute survey is voluntary, anonymous and you can go into the draw to win a \$200 voucher. For more information and to complete the survey, visit: www.acu.edu.au/messi

Stage 2 – Social Groups

Our Stage 2 social group has been a very busy and productive group and they have big ambitions for this term. They are working on creating some 'wine barrel' gardens and we are seeking your help. If you have any large wine barrels or would be able to assist us in sourcing some, we need your help. If you can help us please come in and see Mrs Zoneff. Well done to the students for their work with selling Hot Dogs and Milo, you are doing a wonderful job!



OUT OF UNIFORM – “LET’S SUPPORT AUBREY!”

On Friday 11th August, we are holding an out of uniform day to support Aubrey. Aubrey is going to be representing **NEW SOUTH WALES** in the **PSSA NATIONAL DIVING COMPETITION**. We are asking for a \$2 contribution to the raffle tickets that he is selling to go toward his uniforms and week away. As a school, we are so excited for Aubrey to have this wonderful opportunity and are proud of his achievements!

Coming Events - 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
	31 Jul	1 Aug	2 Aug	3 Aug	4 Aug
Week 3	Education Week				
	Zone Public Speaking Day 1; Life Education Van	Leader Breakfast; University Test – English;	Coalfields Cup; 12:00p Education Week Open Day	Zone Public Speaking Day 2	Aerobics Nationals
Week 4	7 Aug	8 Aug	9 Aug	10 Aug	11 Aug
		6:30p P&C Meeting			Out of Uniform Day for Aubrey; Responsible Pet Program
Week 5	14 Aug	15 Aug	16 Aug	17 Aug	18 Aug
	3:30p AECG Meeting at Nulkaba PS	University Tests – Mathematics; Goannas/Bulldogs Cup - Senior RL		12:30p Cessnock Library Visit	Children's Book Week Launch
Week 6	21 Aug	22 Aug	23 Aug	24 Aug	25 Aug
	Book Week 2017		Stage 2 Aussie Bush Camp		
			Newcastle Permanent Math Comp; 3:30p Kullaburra Awards		

For more information, please visit our website: <http://www.nulkaba-p.schools.nsw.edu.au/calendar>

Canteen Roster - 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
	31 Jul	1 Aug	2 Aug	3 Aug	4 Aug
Week 3	Jess Mijatovic Paula Stuckings	Lisa Edwards Lyn Fallon	Melaney Knight Help Needed	Wendy Jenness Chris Vickers	Kathryn MacDonald Melissa McLellan
Week 4	7 Aug	8 Aug	9 Aug	10 Aug	11 Aug
	Jess Mijatovic Lorraine Williams	Stephine Clark Rena Procter Kalie Watson	Help Needed	Sally Hayes Wendy Saywell	Jacqui Borghero Fiona Lanser Michelle Wills
Week 5	14 Aug	15 Aug	16 Aug	17 Aug	18 Aug
	Jess Mijatovic Lorraine Williams	Hayley Berends Patricia Twentyman	Christine Downie Colleen Downie	Abby Allen Jodi Studdert	Help Needed Leeta Davies
Week 6	21 Aug	22 Aug	23 Aug	24 Aug	25 Aug
	Amanda Platt Samantha Wharton	Rena Beckett Linda Kerr Christine Webb	Help Needed Bianca Bartlett	Danielle Codd Alex McGregor	Lynda Hirst Sue Hirst

Week 3 = Roster C

Week 4 = Roster D

Week 5 = Roster A

Week 6 = Roster B

If you can help to fill our current vacancies, please contact

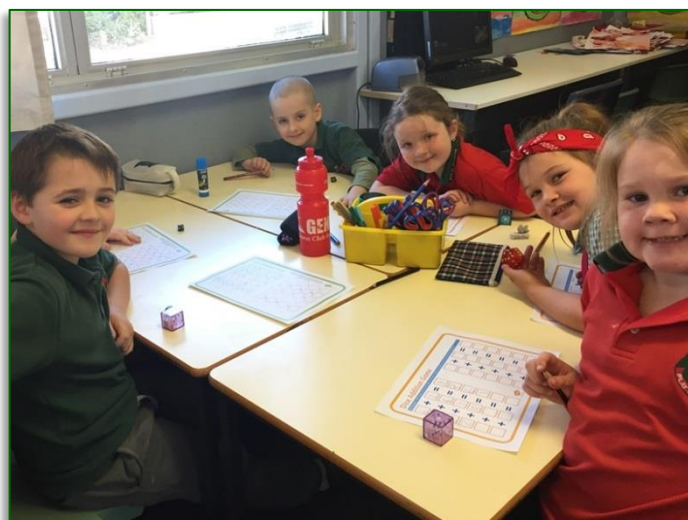
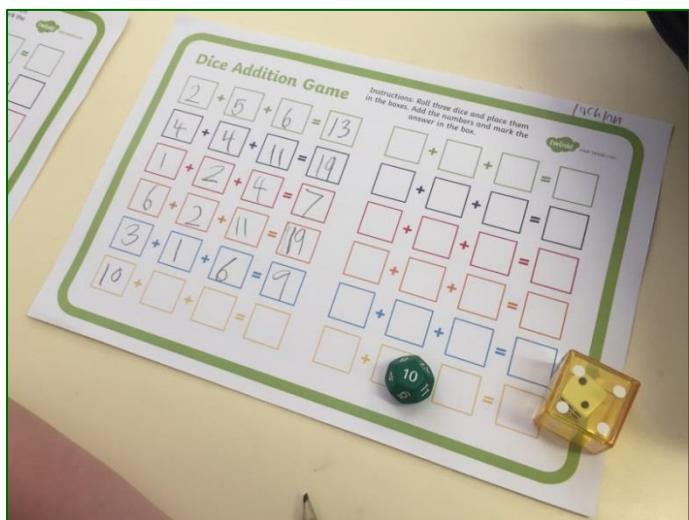
Phone Linda on 0457 514 786

Class 1M

1M are well rested and ready for an action- packed Term 3. What a better way to kick off the term than with a visit from Healthy Harold and the Life Education Van! 1M thoroughly enjoyed their time with Harold and learned about keeping safe, how to correctly handle medicines and what to do in an emergency situation. It was a whole lot of fun and goodness me that giraffe is silly.



We have also been busy workers in the classroom and look forward to Mrs Burley coming in to work with us on Thursday and Friday mornings. We have been impressing her with our knowledge of place value and our addition and subtraction skills. Here are some photos of us at work:



Education week is coming up soon, 1M would like to see as many parents, grandparents, aunties and uncles as possible join us for rotations on Wednesday 2nd August before lunch.

1M and Miss McCallum would also like to wish Lachy C the best of luck as he represents Stage 1 at Zone Public Speaking in Week 3. We are so proud of you already, Lachy!

News from the Classroom (continued)

Class 3/4C

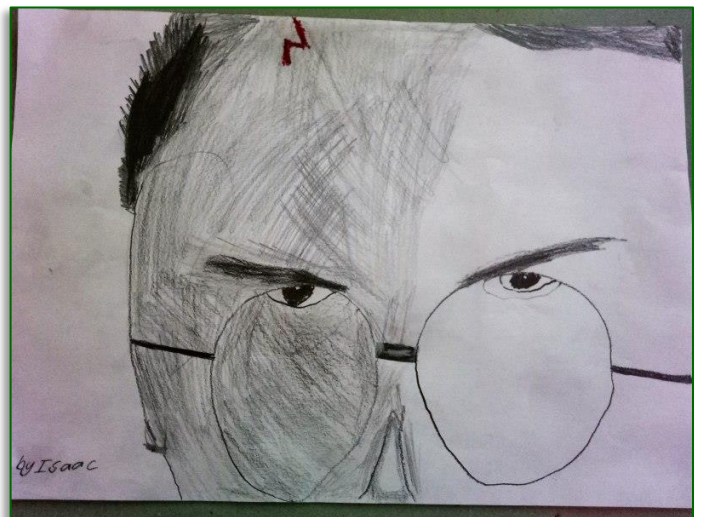
Wow, we had a massive term last term and will have an even bigger one this term. As part of our Science and Geography units, we have been looking at Japan and then moved into the more specifics of arcade games and technology. We have discovered an amazing nine-year-old boy who showed great persistence in creating his own cardboard arcade. The children were so inspired... some went home that night and made their own. Caine is a boy who was struggling at school and was looking at repeating. This venture showed how creative and bright he really is. We used the 'Creative Thinking Hats' to research, plan, design and create our own arcade and then discussed how we could make them even better.

Our hands on Math groups are always a hit, as are the hands on spelling groups. The kids love being able to interact and use the language of what we are doing to work together and creatively explore math concepts. Competitions and challenges arise and the children work together to solve them. Mathletics was a big hit in Term 2, as many of the class are quite competitive and set each other different goals and challenges.

Term 3 has already had a busy start. Our NAIDOC day celebrations were amazing; we had so much fun watching the dancers, learning about the history, language, traditions and culture. It was a very inspiring day.

This term we also have Miss Gould, an intern from Newcastle University in our class. This is the final part of her University degree where she gets to consolidate all of her learning and put it into practise in the classroom. She will be taking on a growing amount of teaching as the term progresses. All lessons are planned in consultation with Ms Challen and her engaging lessons have already been a hit with the class, I am looking forward to a fun and exciting term working with her.

Our production is this term. This is my first at the school and I am inspired by the amazing work and talent of Miss Brockwell. 3/4C have rehearsals underway and I am looking forward to seeing the finished product. It is scary how fast this year is already going but 3/4C are loving every minute of it.





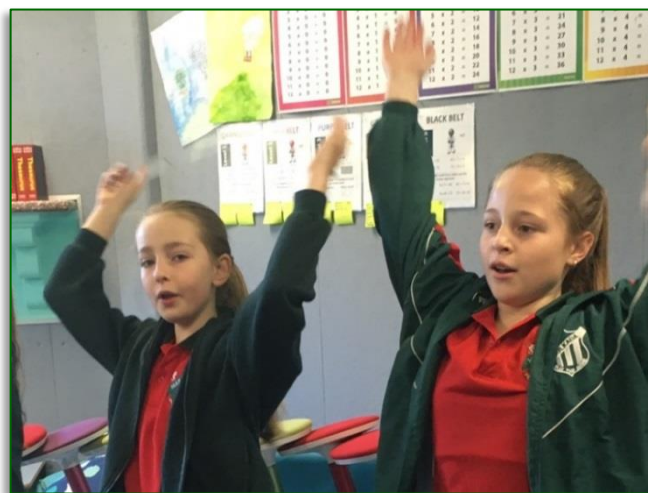
News from the Classroom (continued)

Class 3/4J

This term 3/4J are learning about Aboriginal history culture. We began with our NAIDOC Day commemorations on Friday 21st July and it was a fantastic day! Some of 3/4J's favourite experiences on this day included the storytelling, art tasks, games and dancing. In class, we have started looking at Aboriginal art techniques and sacred land sites. We have even experimented with making a few artworks of our own. What do you think of our efforts so far?

With production coming up later in the term would you believe that we have started our rehearsals already! We are not going to give too much away (we want to surprise you with our groovy moves), but check out 3/4J, hard at work learning our dance steps and getting our choreography on point. We cannot wait to perform our item for everyone!





School Library News

Book Club – Issue 5

The latest issue of Book Club was distributed earlier this week. As usual, there are many terrific titles and items available. Orders should be placed online via the LOOP system (details on the Book Club brochure or see Mrs Morris), or orders can be handed in at the Library. Orders are needed to be handed in by WEDNESDAY AUGUST 2ND.

Premier's Reading Challenge Update

Time is running out to complete this year's Challenge. The Challenge ends at midnight on August 25th, so we are down to the last few weeks. There is still time to actually complete the Challenge – several students have partially completed entries, and with so many short chapter books and picture books available to include in the reading record, it is still quite easy to have a completed entry. See Mrs Morris if there are any questions about the Challenge.

Many Thanks!

Thanks to those students and families who have located the overdue library books that have been hiding at home. It has been great to see many overdue books being returned at last (especially those books that had been overdue for quite some time). However, even though many books have been returned, we still have a lot more overdue loans - if you received an overdue letter at the end of last term, then attending to it, as a matter of urgency would be appreciated. Please see Mrs Morris with any concerns.

It is Term 3! That Must Mean It's Book Week Time!



It is time to 'Escape to Everywhere!' It is true you know - books let you go anywhere, even if you have to stay where you are! Now while Book Week time is always fun, this year is a little tricky – with our productions getting into full swing with rehearsals and then the actual performances, we are going to let Book Week take a back seat for a little while. BUT... never fear! We will celebrate a belated Book Week in Term 4, in conjunction with our annual Book Fair. So news and information about our Book Week activities will be mentioned in upcoming newsletters.

NAIDOC Day

On Friday of Week 1, Nulkaba celebrated NAIDOC Day. It was a day to celebrate Aboriginal and Torres Strait Islander history, culture and achievements. This year students participated in seven activities ranging from Aboriginal games, traditional dance, boomerang painting, mural art, rock painting, Indigenous language stories and discussion of traditional artefacts.

We were privileged to have a number of highly respected Indigenous members of our community join us for performances and assistance with rotations throughout the day. Thank you to Uncle Warren, Uncle Perry, Rutherford High boys dance group, Cessnock High girls dance group, Stanford Merthyr boys dance group, Aunty Charlie, Michelle Earl and Anthony Kane.

Students and teachers had a lot of fun celebrating on Friday. Take a look at some of the photos:



NAIDOC Colouring in Competition

To celebrate NAIDOC Day, Nulkaba held a school colouring-in competition. It proved to be very popular with well over one hundred entries. Congratulations to Amber H, Chris T and Mackenzie H for their winning entries.



Netball

Singleton Turns on a Great Day

On Thursday, we had three mixed netball teams that travelled to Singleton to play in the Netball NSW Cup. This is an annual event and each year we take Year 6 students for this fun filled day. We had just under 30 kids go and it was an absolute ball. All three teams did very well and each year it is always so good to see the boys adjusting to the new skills that they are developing on the day. Special thanks to the parents and grandparents that assisted with transport and to Karen, Lorraine and Angela for their coaching abilities. I would also like to thank Amanda Crampton who helped by umpiring on the day. Amanda's son went off to high school at the start of this year and we are so fortunate to have her still lending a hand and being an active member of our school community. Am so excited for the Cessnock Cup that will come up later in the year, which will include students from right across the 3-6 classes.



Basket Ball

Boys and Girls Basketball Teams do Well

Last Wednesday 17 girls and boys headed to Maitland Basketball stadium to participate in the PSSA basketball competition. This year we had some boys with basketball experience but our girls have not played before. To say that they did well is an understatement. The boys were successful in two games and progressed through to the semi-final whilst the girls won their first game and progressed through to the semi-final also. The boys came up against a strong team in the semi-final and lost, but really believe that they demonstrated the skill and ability to progress, they just needed to believe in themselves! The girls played a very close game that was unbelievably close, with the girls going down by just one point. It was a fun day and an absolute pleasure as a teacher to accompany such beautiful children. A massive thank you to Renae and Sommer who helped me with the girls and to Melissa and Alison who did the bench for the boys. In addition, to all of the wonderful families who supported on the day, our students and our school always benefit from your positive influence and encouragement. Students will be involved in the Coalfield's Cup at Cessnock next week, which is a competition for Cessnock schools. Am looking forward to another great day.

HELP PLEASE!

The Nulkaba School Ball is one of our schools two major fundraising events. ***Last year we raised over \$14,000.*** But we can't do it alone. We need support from our school and local community.

We need donations. Anything you can donate, big or small, can help. These will be used for prizes in our raffle, games or as auction items.

Can your business donate? Vouchers, experiences, gift items, anything.... Send us your logo when you donate and we will advertise your support in the school newsletter, website and at the Ball.

If you would like to support please leave donations at the School Office, or contact Nikki De Iuliis on 0418 683 169 or nikki.verrills@newcastle.edu.au

And don't forget to get your Ball tickets too!

Thanks for your support,
Nulkaba School Ball Committee

A promotional poster for the Nulkaba School Ball Casino Royale. The background is black with a yellow border. At the top, it says 'NULKABA SCHOOL BALL PRESENTS....' in yellow, followed by a fan of playing cards. Below this, 'CASINO ROYALE' is written in large, bold, yellow letters. The date and time '6.30pm Saturday 16th September 2017' are in yellow. The venue 'The Barrel Room, Roche Estate, Pokolbin' is also in yellow. Below that, 'Dress: Cocktail' and 'Tickets: \$70' are listed. A description of the event follows: 'Join us for canapés & drinks on the concourse followed by a 2 course dinner, dancing & casino games.' and 'Get a table together & enjoy a great night out with friends while raising funds for our school!'. The ticket information 'Tickets on sale 1st August from School Office.' and 'Bus transport available for \$10' are at the bottom. On the left, there is a martini glass with a green olive and a splash of liquid. On the right, there is a roulette wheel.

Exciting reasons to keep saving with School Banking.

Welcome back to school for Term 3. It's great to see School Bankers showing continued saving efforts through the first half of the year.

Don't miss out on the Grand Prize competition ending this term

To be in the running for a family trip to Tokyo Disneyland, children need to make 15 or more School Banking deposits between 23 January 2017 and the end of Term 3.

New reward items available in Term 3

After making 10 School Banking deposits, children can now choose to redeem the Smiley Emoji Keyring or the Volt Handball.

Keep track of savings and tokens with the CommBank Youth app

To help enhance the financial education of children, we've introduced the CommBank Youth app, available on any iOS 9.0+ device from the App Store. This innovative banking app gives kids hands-on experience in learning real-life money skills in a safe and fun digital environment. It also provides a new way for School Bankers to keep track of their Dollarmites tokens.

PLUS EXCITING GAMES TO PLAY AND PRIZES TO WIN

On Monday 14 August 2017 we will be launching an exciting School Banking competition with prizes to win and an incredible game experience. Your school will receive more details soon, so stay tuned.

More information about CommBank's School Banking program and the CommBank Youth app is available at commbank.com.au/schoolbanking



Things you should know: Full terms and conditions found at commbank.com.au/schoolbanking. Competition is open to Australian residents aged 4–13 years with parental/guardian permission, who have an active CBA YouthSaver account and participating in CBA's School Banking program. Competition starts 23/1/17 and ends 11.59pm AEST 29/9/17. Max 1 entry/person. Draw takes place at 12/11 Harbour St, Sydney NSW 2000 at 12pm AEST 11/10/17. Winner's details published in The Australian 17/10/17. Prize details: 1 x 5-night trip for 2 adults + 3 kids (aged 13 and under) to Tokyo, Japan, valued up to AUS\$22,835. CommBank Bank of Australia, ABN 48 123 123 124, of Level 30, 11 Harbour Street, Sydney NSW 2000. Permits: NSW L1P5/15/07039; ACT TP10/01/758; SA 116/1590.

Good for Kids good for life

WHY DOES OUR SCHOOL HAVE HEALTHY EATING AND PHYSICAL ACTIVITY PROGRAMS?

Good nutrition and physical activity improves students' concentration and behaviour and boosts school performance.

Below are some examples of strategies schools are implementing to promote healthy eating and physical activity:

- **Crunch&Sip®** – a daily fruit, vegetable and water program
- **NSW Healthy School Canteen Strategy** – revised canteen strategy replacing Fresh Tastes @ School
- **PE lessons** have a focus on developing students fundamental movement skills
- **Students** have access to physical activity equipment during breaks
- **Teachers** have been trained in the Live Life Well @ School Program
- **Teachers** are regularly incorporating healthy eating and physical activity into their lessons



Health
Hunter New England
Local Health District

PHONE 4924 6499



Nutrition Snippet

The simplest way

...to choose the best lunch box drink.

When it comes to packing a lunch box drink, water is the best choice!



Milk is a great drink too – add a plain milk popper to the lunch box as well to give kids a calcium boost.

Drinks such as fruit juice, cordial, flavoured mineral water, soft drink and sports drinks are high in sugar and low in nutritional value. So limit or avoid these drinks.

It is best to only drink juice occasionally and it should not be packed in the lunch box. Avoid “fruit drinks” as these are just sugar water and a little juice.

Remember, water is essential so make sure you pack a bottle of it in the lunch box every day.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

