



NULKABA NEWS

Nulkaba Public School

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Issue 106: 2017 Term 2 Week 10

Friday, 30 June 2017

Dear Parents and Carers

I cannot believe how fast this term has gone. Half the year is now over. I am sure all of you have now received your reports and have had a chance to have your personal interview with your student's class teacher. I hope you found the new process simple to use, if there were any issues please let us know.

LMBR

I know you will have now all received the important information in regard to our changing over to the new financial system. We 'Go Live' on Monday 24th July. This is a massive change to how we do business in our school and all staff have been to training and have been spending a lot of time and effort getting ready for this massive change. Please bear with us as we move into this new world of finance.

Woolworths Earn and Learn

We will again be collecting Woolworths Earn and Learn points for our school. This is a great way for us to gain extra Mathematics resources. You can start collecting from 26th July and we have a box in the foyer in which you can place the cards. Please support us if you shop at Woolies.

Nulkaba Upgrade

As you would have read in the email I sent home, we are now able to announce we will be upgraded in the near future. As it says on the new Infrastructure website, the plan is to 'expand the school to provide additional teaching spaces and upgrade core facilities to address enrolment growth'. This is hugely exciting and well needed. A PRG has been established which includes all stakeholders and basic plans made. We are hoping that we will have an information booth here on our Open Day in Education Week - 2nd August 2017. More information in regard to this will be sent out early next term but save the date for both a chance to spend time in your child's classroom, have a picnic lunch and learn more about the upgrade of Nulkaba.

Aerobics

I had the pleasure of attending the aerobics state finals in Sydney on Saturday 17th June. What a wonderful event it was to watch. I was so proud of all my students and of my coaches who give up so much of their time to make this happen. Congratulations to each and every one of the girls who competed. They all walked away with at least one medal, some with a few. Two of our teams will now compete at Nationals as will our Solo performer, Cooper. Congratulations girls - very proud. We also have girls in a variety of auditions. It is an amazing result. Thanks to all the parents for their ongoing support. We have some fundraising events happening including a guessing competition - \$1 per entry.



Sport

Once again, this term, our students have continued to excel with their sporting achievements. They continue to represent our school with great pride and awesome sportsmanship. I am so proud of these achievements. Keep up the good work in Term 3. Once again this would not be possible without the support of parents and staff.

Debating

Our Zone debating is over again for this year. Our Year 5 team performed very well in their first year of debating and I know they will go onto bigger and better things next year. Our Year 6 team are the Zone winners and will continue on in the competition in Term 3. Well done.

Public Speaking

What a pleasure it was to adjudicate the Stage 2 and Early Stage 1/Stage 1 public speaking stage finals this week. All the students were amazing and it was such a hard decision to just pick two winners from each stage. These winners will go on to compete in the Zone finals which will be held at Nulkaba on July 31st and August 1st. Well done to all students who spoke this week. You were all fantastic.

Once again a big thank you to all the parents who support our school in any way they can. We could not achieve what we achieve without your support. Just a little plug for our School Ball which will be held on 16th September, it is great fun. If you can't attend then please support by purchasing raffle tickets. With our upgrade happening there will be plenty of things we will be needing to make it complete.

Narelle Hunt
Principal
Nulkaba Public School



Education
Public Schools



P&C News

The P&C has received a request from the staff to fund a set of 20 iPads for use across the entire school. This set would include 20 each of iPad, case, charging station, software.

The cost of the set of twenty (20) iPads is \$12,500.00. If anyone has an objection to the P&C funding this proposal, please submit your objection in writing within 21 days to Gary Wills – P&C President via email (Gary.Wills@glencore.com.au) or via the office.

Coming Events - 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	17 Jul Staff Development Day;	18 Jul Students Return	19 Jul Basketball Gala Day	20 Jul	21 Jul Regional Cross Country Broadmeadow; NAIDOC Celebrations
	24 Jul	25 Jul	26 Jul 10:00a Girls Touch Football	27 Jul Life Education Van; Stage 3 Unisex Netball Day	28 Jul Life Education Van; Zone Athletics
Week 2	31 Jul	1 Aug	2 Aug	3 Aug	4 Aug
	Education Week				
Week 3	Life Education Van		12:00p Education Week Open Day	Zone Public Speaking Day 2	Aerobics Nationals
	7 Aug	8 Aug 6:30p P&C Meeting	9 Aug	10 Aug	11 Aug
Week 4					

For more information, please visit our website: <http://www.nulkaba-p.schools.nsw.edu.au/calendar>

Canteen Roster - 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	17 Jul Staff Development Day	18 Jul Hayley Berends Patricia Twentyman	19 Jul Christine Downie Colleen Downie	20 Jul Abby Allen Jodi Studdert	21 Jul Leeta Davies Help Needed
	24 Jul Amanda Platt Samantha Wharton	25 Jul Renaë Beckett Linda Kerr Christine Webb	26 Jul Bianca Bartlett Help Needed	27 Jul Danielle Codd Alex McGregor	28 Jul Lynda Hirst Sue Hirst
Week 2	31 Jul Jess Mijatovic Paula Stuckings	1 Aug Lisa Edwards Lyn Fallon	2 Aug Melaney Knight Help Needed	3 Aug Wendy Jenness Chris Vickers	4 Aug Kathryn MacDonald Melissa McLellan
	7 Aug Jess Mijatovic Lorraine Williams	8 Aug Stephine Clark Renaë Procter Kalie Watson	9 Aug Help Needed	10 Aug Sally Hayes Wendy Saywell	11 Aug Jacqui Borghero Fiona Lanser Michelle Wills

Week 1 = Roster A

Week 2 = Roster B

Week 3 = Roster C

Week 4 = Roster D

If you can help to fill our current vacancies, please contact

Phone Linda on 0457 514 786

Early Stage 1

Kindergarten has had another exciting and eventful term at school. The teachers are continually amazed at how wonderful the children are progressing with their learning.

This term we had our Athletics Carnival. The children participated in a running race as well as a range of fun, skill based activities. We were also lucky enough to take part in the Dance2Bfit program this term. The children involved loved the experience and have gained some very 'cool' dance moves that we are sure we will see at our future discos this year.

We also went on our first ever school excursion. We travelled by bus to Cessnock where we visited Woolworths, the Town Library and Fire Station. The teachers, students and parent helpers were all grateful of the effort that each venue put in to making sure that our visit was a valuable and enjoyable one. We had so much fun and learnt some new things too.

ES1 teachers conducted parent teacher interviews this week and appreciated the conversations that they had with the parents and carers of the wonderful progress that our beautiful children are making. If you were unable to make an interview please feel free to see your child's teacher to arrange one for late this week or early next term.

The kindergarten teachers would again like to thank all of our parent helpers this term and look forward to working hard together to ensure that our children are achieving to the best of their ability.

Early Stage 1 Teachers

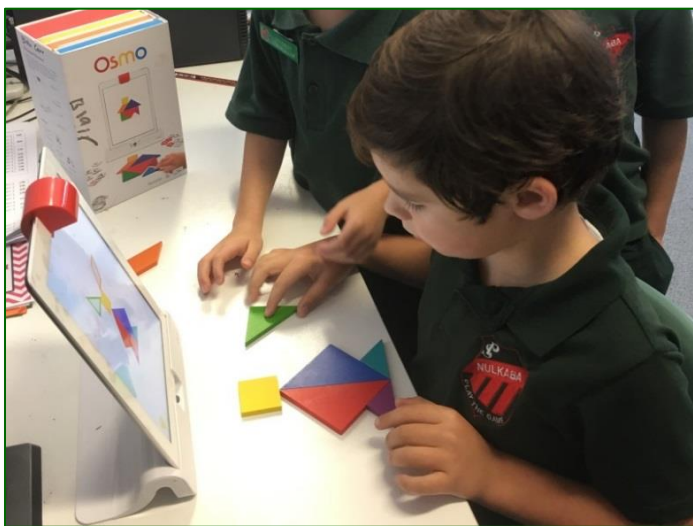


Class 1CW

Wow! What a busy term it has been. Just look around our bright and busy classroom and you will see all of the amazing work we have completed. This term we have thoroughly enjoyed Dance2Bfit. What great dancers and performers we have in 1CW. We can't wait to show you our groovy moves on stage next term in the School Production.

This term we have loved creating some amazing leaf artworks exploring warm and cool colours. Another fun activity is Math Groups. We love using the OSMO, computers and games to practise and revise new skills.

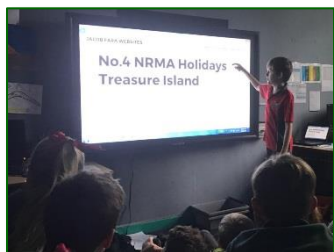
Mrs Craft and Mrs Woods



Class 3-4Z

What a Fantastic Semester!

It is hard to believe that we have made it to the end of Semester already. We have had a fantastic time and hopefully done some learning along the way. It has been amazing the things that we have jammed in. We have had Peer Support, Dance2Bfit, skipping, athletics, swimming, cross-country, netball, genius hour, beanie day and a whole lot more. It was a fantastic way to finish up yesterday with our Parent Teacher Interviews. It was lovely to share the successes of the students and to look forward to what is coming. Semester 2 is shaping up to be equally exciting. We have camp and who could forget the Production. I am so excited to see what is to come!



Class 5-6G

On 21st June, the students brought a gold coin donation for Beanies for Brain Cancer. The school wore beanies to school and we were lucky enough to meet Mr Mark Hughes. Not only is he a great League player, he is also an inspirational speaker.

The School Improvement Team did it again. They kindly spray painted all the poles in the basketball area. They look awesome!

5/6G were very excited that we had 23 out of 26 students attend and compete in the recent athletics carnival. We represented our class and respective houses with pride and sportsmanship. Congratulations to the following athletes who have made it through to the Zone level; Noah, Jackson, Peter, Jye, Izaiah and Conner. Good luck to you all!

Also, huge congratulations to our Aerobics extraordinaire- Sophie. We loved hearing about your success during the Aerobics competition and wish you all the best in the upcoming National Titles. Go Sophie!



School Library News

Premier's Reading Challenge – Latest Standings

As Term 2 draws to a close, we have 225 validated entries for this year's Challenge. This is a terrific effort but there are still several weeks of reading time available for those students who have not yet completed their entry. All students must have their online entry completed by Friday August 25th to be eligible for this year's official certificate. The most recent complete entries have come from Preston M 3/4Z, Stan T 3/4Z and Emma N 5/6G – well-done folks. It is especially good to see completed entries for Year 3 and Year 6 students as most Year 3 students will qualify for the Gold Level Certificate, and some of our Year 6 students will qualify for the Platinum Level Certificate. Any student in Years 3 – 6 can easily check their number of certificates by logging onto the Premier's Reading Challenge website and clicking on the link for "My Information" – this will show the number of certificates already earned as well as the year in which they were earned. Gold Level Certificates are earned by any student completing the Challenge 4 times, and the Platinum Level Certificate is earned by any student who completes the Challenge for every year from Kindergarten to Year 6 – a total of seven certificates. The holidays are a great time to catch up on some reading, so grab a book today!

Beanie for Brain Cancer Day



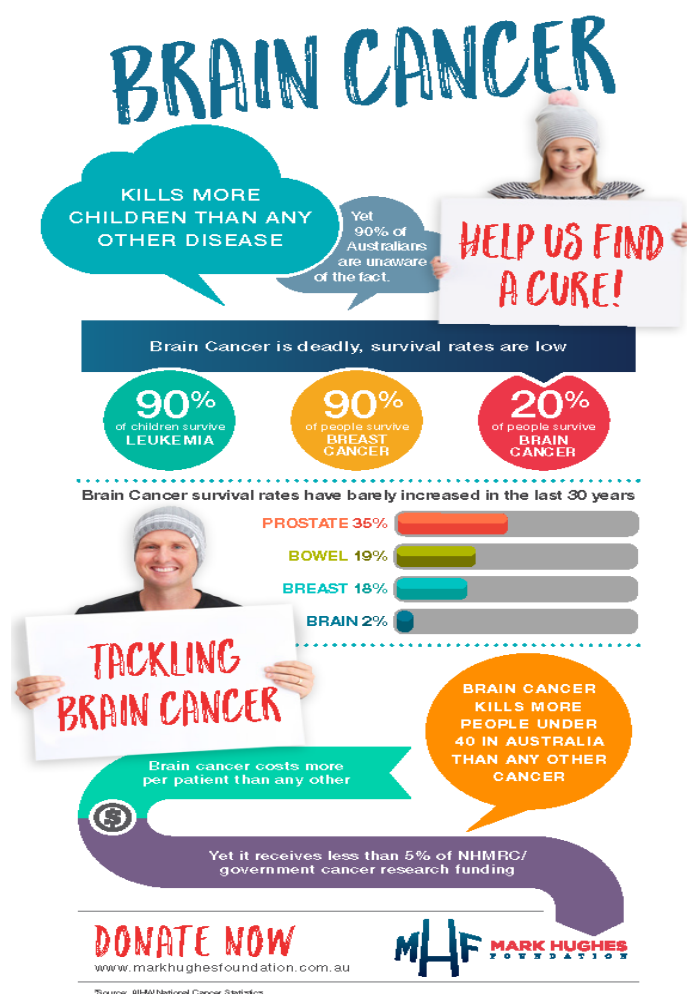
Our school was very fortunate to have Mark Hughes come to visit us on Wednesday the 21st of June. He came to talk to the whole school about his own experience with brain cancer and how he was lucky to survive the dreadful disease.

After Mark talked to the school, he visited some classrooms. When he came to our class 5/6W, we got to ask Mark some questions about his experience through his football life, but mainly about cancer. For example, how did your family react when you told them you had cancer? Mark said "My family reacted with tears and sorrow."

We were excited to raise \$510 as a school, for the Mark Hughes Foundation (MHF).

Thank you to everyone who donated.

By Maddi W and Phoebe O



'Got It' Team

During the term, the 'Got It' team and a wonderful group of Stage One students and their parents/caregivers have been participating in the 'Got It' program. Through learning how to identify the range of emotions in others and ourselves, we have learnt how to be expert 'feelings detectives'. Our mornings have started with a yummy breakfast in the hall followed by play-based activities and games that develop our social and emotional skills and learning activities that build our resilience, confidence and problem-solving skills.



We have especially enjoyed learning through role-play, listening to entertaining picture books and helping out our new friend 'Mr Cool Dragon' when he is needed advice.

We'd like to say a big thank you to the ladies from the 'Got It' team for coming to Nulkaba each Thursday!

Peer Support

This week Nulkaba completed our Peer Support Program. Over the last 8 weeks, students have worked in groups of approximately 10-12 students to work with two student Peer Leaders and a supervising teacher on Stronger Together - a module that aims to support positive relationships amongst students. Students have discussed issues including positive relationships, bullying and resilience. Our wonderful Stage Three Peer Leaders trained at the end of last term, and were briefed each week using materials from Peer Support Australia. Feedback from all teachers has been extremely positive and we are all very impressed to see how well out leaders have carried out their role.

During the sessions, group members have gotten to know each other by using a range of social skill interactions that promote diversity and engagement in a sensitive yet productive manner. The leaders worked to establish a safe learning environment, where the peer group felt able to join in, share and contribute to developing a sense of belonging. Each student is now better equipped to protect themselves from the effects of bullying and should be less likely to engage in bullying behaviours.

I would like to take this opportunity to thank all of our peer leaders for the exceptional job they did this term. You truly exceeded my expectations – well done!

Miss Halverson



State Aerobics Finals

On Saturday, 17th June, our Nulkaba aerobics teams competed in the State Finals at Sutherland Entertainment Centre. The girls achieved outstanding results and should be proud of their hard work and achievements. Our wonderful results are outlined below:

Aerobics Athlete Audition Orange: Tahni 1st, Ayva 2nd, Jasmine 3rd and Sophie 4th. All four girls were invited to compete at Nationals.

Aerobics Athlete Audition Blue: Cooper 1st and an invite to Nationals.

Primary Aerobics: Silver Bursts 2nd and an invite to Nationals

Primary Littlies: Silver Strike 3rd

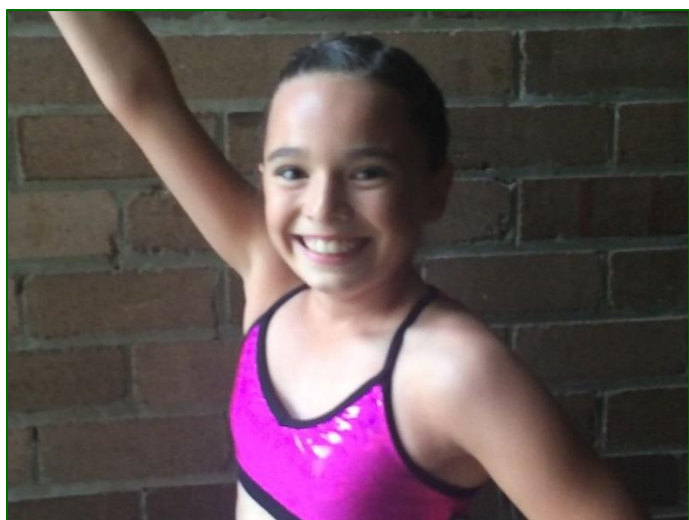
Jazz Auditions: Sophie M 3rd and invited to Nationals.

Future Legends Large Teams: Silver Bullets 1st and invited to Nationals

Primary Singles Blue: Cooper W 1st and invited to Nationals

Lyrical Auditions: Sophie M 2nd and invited to Nationals

Congratulations everyone and good luck in Queensland.



Cooper W



Silver Bursts



Silver Strike



Silver Bullets

State Interscholastic Equestrian

Congratulations to Natalie on her Amazing Effort! State Champion!

Natalie spent five days last week representing Nulkaba PS at the State Interscholastic Equestrian Championships. The event was held at Sydney International Equestrian Centre and had more than 500 riders competing in five disciplines. Natalie, riding her wonderful Ollie, did exceptionally well. They were 9th in their One Day Event (highest placed primary rider), 7th in their Combined Training and in the Dressage placed 2nd, 3rd and overall State Primary Prelim Dressage Champion!



NAIDOC Day 2017

During Week 1 next term our students, staff and families will participate in NAIDOC Day. NAIDOC Day is officially celebrated during the school holidays. We will begin with an official assembly where we will be treated to a variety of performances. Students will then spend the afternoon participating in a variety of Indigenous Activities, including painting, dancing and playing sport games, just to name a few! The day will also feature a Bush Tucker Morning Tea and a Sausage Sizzle lunch. Students are invited to wear red, yellow and black coloured clothing on the day, but as there will be a number of painting activities, paint friendly clothing is recommended. Please feel free to join us in what is sure to be a terrific day recognising and celebrating Aboriginal and Torres Strait Islander history, culture and achievements.

Coranderrk
ILBIJERRI Theatre Company & Belvoir
At a Victorian Parliamentary Inquiry in 1881, the men and women of the Coranderrk Aboriginal Reserve went head-to-head with the Aboriginal Protection Board. Witness this definitive story from our neglected Indigenous history as Coranderrk pays tribute to the resilience and adaptability of a people who rose to the challenge to make their own voices ring loud and clear.
Thursday 22 June 12.30pm & 8pm
Cessnock Performing Arts Centre
Tickets on sale now! 4993 4266
198 Vincent St, Cessnock
Workshops at the Samaritans
Workshop 1
Fines management
How to cut fines with the Order and Development Order, get your license back, pay off fines with Centrelink and more.
Presented by The Office of State Revenue.
Morning tea provided. **FREE**
Monday 3 July 10-10.40am
Workshop 2
Its Ok to Walk Away
An information session on how to have the confidence to reject high pressure sales tactics.
Presented by the Office of Fair Trading.
Morning tea provided. **FREE**
Monday 3 July 11-11.40am
Samaritans Information
Neighbourhood Centre 4993 3400
198-202 Vincent St, Cessnock
Aboriginal Culture, Art and Language
Visual arts and culture workshop incorporating local Aboriginal languages, painting and jewelry making. Ages 11-24. Bookings preferred. **FREE**
Monday 3 July 11am-2pm
CYCOS Building 0401 107 413
49D Aberdare Road, Aberdare
Kurri Kurri Community Health
Flag-raising and NAIDOC Cake
All Welcome! **FREE**
Monday 3 July 10am
Kurri Kurri Hospital Lang St 4936 3337

Barkuma Family Fun Day
Come and celebrate with us at our annual Family Fun Day. Flag Raising, cultural performances, stalls, morning tea and BBQ. A great day of family friendly activities.
All Welcome! **FREE**
Tuesday 4 July 10am-2pm
Rotary Park, Lang St, Kurri Kurri 4937 1094
'Ngani Barry This Country' and 'Indigenous Art and Culture' Exhibition Opening
We invite you to join us on this special night to celebrate the joint openings of 'Ngani Barry This Country' new works by local Wonnarua artist Lesley Salem, and an exhibition of works created during CatholicCare's Indigenous Art and Culture Program for Teens and Parents of Teens.
CatholicCare's workshop program runs each year in June teaching Indigenous and non Indigenous participants about Aboriginal culture and symbolism, as well as the history of Wonnarua Land. **FREE**
Saturday 8 July 5pm
Cessnock Regional Art Gallery 16 Vincent St, Cessnock 4991 6619

Black Creek Family Fun Day
Flag-raising Ceremony and Annual Street Parade
Join Black Creek Aboriginal Corporation for this wonderful family friendly day of music, culture, stalls, food, jumping castles and lots of activities for the kids! The flag-raising ceremony will commence at 10am at TAFE Park, with the Parade leaving at 10.15am, walking up to Vincent St, and looping back down Cooper St to join the festivities at TAFE Park. A great day for the whole community! **FREE**
Saturday 8 July 10am-2pm
TAFE Park, Darwin St, Cessnock 0422 574 972
Koori Cook Off
Join us as our teams compete to present the tastiest and healthiest dishes at this years Cook Off! Come and learn some new culinary skills and see how and see how delicious health food can be! **FREE**
Wednesday 12 July 12pm
Cessnock District Hospital 4991 0438
24 View Street
'Tiddalick the Frog' Book Presentation
In recognition of the 2017 NAIDOC theme, 'Our Languages Matter', the Samaritans Foundation is proud to present copies of the Hunter Dreaming story 'Tiddalick the Frog' to local schools and Cessnock City Libraries. **FREE**
Thursday 3 August 3pm
Cessnock Public School 4993 3400
NAIDOC Dinner Dance
A celebration of NAIDOC and International Day of the World's Indigenous Peoples. A great night of entertainment showcasing our fantastic local talent. Trivia, games, lucky door prize and more!
All welcome! \$35 adult / \$15 under 12
Friday 11 August 7.30pm
East Cessnock Bowling Club 0422 574 972
Neath St, Cessnock

CESSNOCK CITY LIBRARIES
Wonnarua - Living Language
The first human voices heard in what is now the Cessnock LGA were Indigenous ones. Cessnock Library celebrates the survival of Indigenous languages with this exhibition of the Wonnarua language.
Friday 1 - Saturday 8 July FREE
Cessnock and Kurri Kurri Libraries
Bush tucker plant giveaway
1 free tree per household on presentation of your library card.
Monday 3 July until stocks run out
Cessnock and Kurri Kurri Libraries
NAIDOC Storytime
Join us for a special NAIDOC Week Storytime and art activities. Ages 2-6 **FREE**
Cessnock - Tuesday 4 July 10am
Kurri Kurri - Wednesday 5 July 10am
Aboriginal Art: Gratitude Rocks
What is a gratitude rock? Come along and find out and create your own at this special workshop. Ages 7+ Bookings required **\$5**
Cessnock - Thursday 6 July 10am-12pm
Kurri Kurri - Thursday 6 July 2-4pm
Storytelling - Our Dreaming Stories
Learn about some of our local Dreaming stories with local storyteller and artist, Tracey Coombes. Participants will be guided through a visual storytelling lesson, and create their own artworks. Ages 7+ Bookings required **\$5**
Cessnock - Friday 7 July 10am-12pm
Kurri Kurri - Friday 7 July 2-4pm
Cessnock Library - 4993 4399
Kurri Kurri Library - 4937 1638

JOIN US TO CELEBRATE ABORIGINAL CULTURE

Good for Kids good for life

HEALTHY WINTER WARMERS

In winter it can be easier than usual to say no to exercise and eat more energy dense, nutrient poor foods for comfort and warmth.

But this doesn't have to be the case!

Here are some ideas for healthy meals that are cheap, delicious and warming:



- Soups – think pumpkin, vegetable, lentil, tomato or minestrone
- Toasted sandwiches – fill them with baked beans, cheese, ham, roast beef, tomato, avocado, spinach etc.
- Mini pizzas – made using English muffins, tomato paste, lean meat/veg and topped with grated cheese; cooked under the grill or in the oven
- Casserole – pack them full of vegetables such as potato, carrot, peas, celery or pumpkin



Health
Hunter New England
Local Health District

Phone 4924 6499



Nutrition Snippet

The simplest way

...to get kids eating more fruit and veg.

Learn how to create easy, budget-friendly family meals, entice fussy eaters and eat well to prevent cancer.



Cancer Council NSW's *Eat It To Beat It* program hosts free Fruit & Veg Sense workshops at schools across NSW.

In these 90-minute workshops we give you simple tips and ideas on:

- saving money by eating more fruit and veg;
- changing family favourites into healthy meals; and
- learning clever ways to entice fussy eaters.

All participants receive a FREE recipe book.

We have proven results that this workshop helps parents to eat more fruit and veg. And if you eat more fruit and veg, your children will too!

Ask your school to register via eatittobeatit.com.au.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

